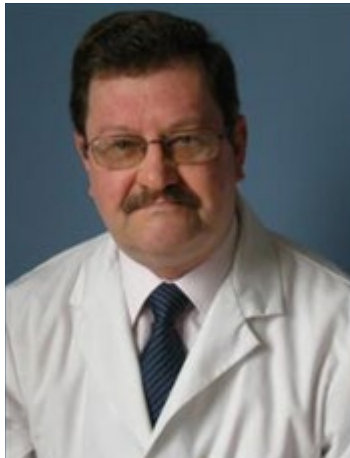




# Juice PLUS+ PREVENTION Plus+

JOIN US FOR A  
HEALTH EDUCATION SEMINAR

WITH DR MICHAEL HARDY



Dr Hardy's seminars focus on cutting edge advances in our understanding of nutrition and explain why, despite our best efforts, we may still not be getting adequate nutrition from our regular daily diet. Dr Hardy will offer some surprisingly simple and effective solutions to this challenge. There really are some right answers.

## Super Foods for Super Health!

*Learn what super foods are today, why we need to eat more of them, how to add them into your menu and the health benefits you will experience by increasing them in your diet.*

DR HARDY'S background is in clinical laboratory medicine, medical education and research. He is formerly an Associate Professor in a Medical School, Chief of Chemical Pathology and Acting Head of Laboratory Medicine in a large Teaching Hospital. He is an Associate of The Royal College of Pathologists and recipient of two Fellowships: FRSC (England) and FACB (USA). He has contributed over 30 original research papers to the medical literature in many fields including diagnostic endocrinology, hematology, nephrology, obstetrics, anesthesiology, and paediatric surgery. Much of this research has been presented at Medical Conferences in Europe, The Middle East and South East Asia. He is currently working in Nutrition and Preventive Health Care in Europe and North America.

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**WEDNESDAY, OCT. 4<sup>TH</sup> | FREDERICTON, NB**

DOORS OPEN AT 6:00 PM | STARTS AT 7:00 PM

AVAILABLE FOR QUESTIONS

KINGSWOOD LODGE | 31 KINGSWOOD PARK | FREDERICTON, NB

SEATING IS LIMITED

For more information and to reserve your seat, please contact:

