

Health Announcements K-5 2018

February – Pink Shirt Day



- Friendship is a gift. To be a good friend, you should be helpful, caring, sharing and truthful. What good qualities do your friends have?
- It is important to always stick by your friends because being a good friend rocks! Remember to wear something pink on February 27th for pink shirt day.
- There are lots of ways to be a good friend. You can be kind, take turns, and let your friends choose what to play. Let's all try to be a good friend today.
- One of the best ways to solve a problem is to stay calm, walk away and go somewhere safe - like a classroom with a teacher in it. Walking away from a problem can help.
- Bullying is not cool. Stand up for yourself and your friends by telling the bully to "Stop." Do not to call anybody names. Remember to wear pink on February 27th.
- Do you know that when you listen to someone, it takes more than just your ears to hear them? Listening takes your whole body. When we look at people who are talking to us and thinking about what they are saying, we are showing we care. We can all be good listeners and friends today.