

# COVID-19 Checklist Before Leaving Home

## Backpack:



Two clean masks



A box or clear plastic bag  
to store their masks

## Screening:

My child does not have purple markings on their fingers or toes.

My child does not have two of the following symptoms:

- ✓ fever above 38°C or signs of fever (such as chills)
- ✓ a new cough or worsening chronic cough
- ✓ sore throat
- ✓ runny nose
- ✓ headache
- ✓ a new onset of fatigue
- ✓ a new onset of muscle pain
- ✓ diarrhea
- ✓ loss of sense of taste or loss of sense of smell
- ✓ difficulty breathing

**Call 811 if symptomatic!**

## Emergency plan:

I have an emergency plan in place in case the school calls me to pick up my child

## Handwashing:

Washing hands with soap and water and let's go!

School phone number:  
School starting time:  
School ending time:  
Bus pick-up time:  
Bus drop-off time: