

**FIRST AID AND CLEANING PRECAUTIONS  
FOR DEALING WITH BLOOD AND BODILY FLUIDS****Category:** Health and Safety**Effective:** August 2013**Policy Statement**

Anglophone West School District has established procedures for the administration of emergency first aid and the cleaning of objects exposed to blood and other bodily fluids.

**Procedures**

1. In an emergency situation, preliminary first aid should be administered using the following universal precautions:
  - a. Disposable gloves should be worn when possible
  - b. Disposable materials should be used where possible.
  - c. The individual(s) providing the first aid should wash thoroughly as soon as possible after administering first aid. If blood is splashed in an eye, irrigate with water.
  - d. Disposable gloves and materials shall be disposed of in a plastic bag, secured with a twist tie, and placed in a regular garbage container.
  - e. Sharps shall be placed in a puncture-proof container.
2. Objects that are exposed to blood and other bodily fluids should be cleaned thoroughly.
  - a. Persons doing the cleaning should wear disposable gloves.
  - b. Disposable materials should be used where possible.
  - c. Objects should be washed thoroughly as soon as possible.
  - d. If a mop is used, it should be disposed of or washed thoroughly as soon as possible.
  - e. Objects may also be disinfected with a dilute solution of commercial bleach and water (e.g. one cup of bleach to nine cups of water).
  - f. Disposable gloves and materials shall be disposed of in a plastic bag, secured with a twist tie, and placed in a regular garbage container.

**Reference**

- Department of Education and Early Childhood Development [Policy 704: Health Support Services](#)