

# Priestman St School Colour Run/Walk!

Due to the nature of this event, pre-registration is necessary.

## What is a Colour Run?

It's not about who runs the fastest. It's about **FITNESS** and **HAPPINESS** as a **FUN** way to promote a healthy lifestyle.

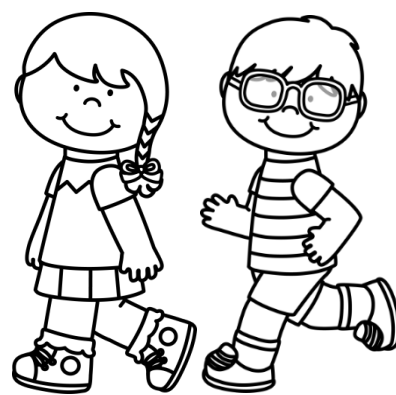
Participants will leave the start line in waves. As runners (or walkers) travel through the course (FHS fields) you will reach obstacles and 'colour zones'. At these colour zones volunteers will be covering the runners with coloured corn starch. Each zone will be a different colour. In addition to fun and laughter, each participant will receive a race kit including a race bib and tattoo. A medal will be waiting for them upon finishing the course.

## Who can participate?

Past, present, future and 'wish we were' Priestman St students. Friends and family are more than welcome.

## What to bring?

- We recommend starting the event with a white t-shirt!
- Comfortable running shoes.
- Sunglasses or goggles are suggested to protect eyes.
- A camera!!



## When?

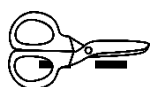
Sat. June 9<sup>th</sup> at 12:00 pm. Raindate: Sun. June 10<sup>th</sup>.

## Where?

Fredericton High School fields

### NEW THIS YEAR!

There will be a BBQ onsite. Items will be available for purchase.



**To register please complete:** (please print neatly)

participant 1: _____	<input type="checkbox"/> child	<input type="checkbox"/> adult
participant 2: _____	<input type="checkbox"/> child	<input type="checkbox"/> adult
participant 3: _____	<input type="checkbox"/> child	<input type="checkbox"/> adult
participant 4: _____	<input type="checkbox"/> child	<input type="checkbox"/> adult
participant 5: _____	<input type="checkbox"/> child	<input type="checkbox"/> adult

Contact email: \_\_\_\_\_

Contact phone: \_\_\_\_\_

Early registration by April 11<sup>th</sup> - \$10.00

Registration by May 10<sup>th</sup> - \$12.00

Family Discount: First 2 registrations are at regular price. Each additional registration for members of the same household is \$5.00.

Registration with payment of cash or check (payable to Priestman St School) **must be received by May 10<sup>th</sup>** to ensure delivery of event materials. Since our goal is fitness and fun, the registration fee is low to cover material costs. Any remaining funds will be used toward school activities.