Strand: Safety: (Protecting Yourself, Your Family and Your Community

4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Consistently, without prompting	Usually, without prompting lists	Occasionally and with some	Must always be prompted to
lists the differences between	the differences between	prompting, lists the differences	lists the differences between
communicable and non-	communicable and non-	between communicable and	communicable and non-
communicable diseases.	communicable diseases.	non-communicable diseases.	communicable diseases.
Accurately lists ways to make	Reliably lists ways to make the	With some difficulty lists ways to	Is not able to list ways to make
the community a healthier and	community a healthier and safer	make the community a healthier	the community a healthier and
safer place.	place.	and safer place.	safer place.
Consistently identifies benefits	Usually identifies benefits of	Occasionally identifies benefits	Never identifies benefits of
of smoke-free environments.	smoke-free environments.	of smoke-free environments.	smoke-free environments.
Accurately, using their words,	Reliably, using their words,	With some difficulty, using their	Is not able to, using their words,
defines "abuse".	defines "abuse".	words, defines "abuse".	defines "abuse".
Regularly lists techniques used	Routinely lists techniques used	Partially lists techniques used to	Hardly ever lists techniques
to lure children.	to lure children.	lure children.	used to lure children.

**Strand: Wellness (Personal Wellness)** 

- 1				
	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
	Frequently describes personal	Generally describes personal	Sometimes describes personal	Rarely describes personal
	habits that contribute to improve			
	health.	health.	health.	health.

**Strand: Growing Up (Growth and Development)** 

4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Consistently states the	Easily states the importance of	Partially states the importance	Not able to state the importance
importance of dental-care	dental-care activities.	of dental-care activities.	of dental-care activities.
activities.			
Regularly lists changes in the	Routinely lists changes in the	Partially lists changes in the	Hardly ever lists changes in the
body as it grows and explains	body as it grows and explains	body as it grows and explains	body as it grows and explains
how these occur at different	how these occur at different	how these occur at different	how these occur at different
rates.	rates.	rates.	rates.
Regularly lists and describes	Routinely lists and describes	Partially lists and describes	Hardly lists and describes some
some of the functions	some of the functions	some of the functions	of the functions performed by
performed by the brain.	performed by the brain.	performed by the brain.	the brain.

Strand: Helpful and Harmful Substances (Use, Misuse and Abuse of Materials)

4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Consistently describes how	Usually describes how drugs	Occasionally describes how	Never describes how drugs
drugs affect body systems.	affect body systems.	drugs affect body systems.	affect body systems.
Regularly lists the influences of	Routinely lists the influences of	At times lists the influences of	Hardly ever lists the influences
media on healthy behaviors.	media on healthy behaviors.	media on healthy behaviors.	of media on healthy behaviors.