

Health – Grade 4

Strand: Safety (Protecting Yourself, Your Family and Your Community)

4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Accurately defines pollutions and lists its sources, means of reduction and methods of control.	Reliably defines pollutions and lists its sources, means of reduction and methods of control.	With defines pollutions and lists its sources, means of reduction and methods of control.	Is not able to define pollutions and lists its sources, means of reduction and methods of control.
Consistently and confidently discusses how personal behaviours and choices may affect safety of self and/or others.	Usually and with some confidence discusses how personal behaviours and choices may affect safety of self and/or others.	Occasionally and with some hesitation discusses how personal behaviours and choices may affect safety of self and/or others.	Never discusses how personal behaviours and choices may affect safety of self and/or others.
Regularly lists techniques used to lure children.	Routinely lists techniques used to lure children.	Partially lists techniques used to lure children.	Hardly ever lists techniques used to lure children.

Strand: Wellness (Personal Wellness)

4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Frequently engages in healthy eating and physical activity practices to enhance his/her daily life.	Generally engages in healthy eating and physical activity practices to enhance his/her daily life.	Sometimes engages in healthy eating and physical activity practices to enhance his/her daily life.	Rarely engages in healthy eating and physical activity practices to enhance his/her daily life.
Regularly identifies the various influences on body shape and size.	Routinely identifies the various influences on body shape and size.	Partially identifies the various influences on body shape and size.	Hardly ever identifies the various influences on body shape and size.

Health – Grade 4

Strand: Growing Up (Growth and Development)

4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Consistently labels structures and explains functions of the digestive system.	Usually labels structures and explains functions of the digestive system.	Occasionally labels structures and explains functions of the digestive system.	Seldom labels structures and explains functions of the digestive system.
Consistently states the importance of proper personal hygiene practices for maintaining one's health.	Easily states the importance of proper personal hygiene practices for maintaining one's health.	Partially states the importance of proper personal hygiene practices for maintaining one's health.	Not able to state the importance of proper personal hygiene practices for maintaining one's health.
Regularly lists body changes and demonstrates and acceptance for individual, physical and cultural differences.	Routinely lists body changes and demonstrates and acceptance for individual, physical and cultural differences.	Partially lists body changes and demonstrates and acceptance for individual, physical and cultural differences.	Hardly ever body changes and demonstrates and acceptance for individual, physical and cultural differences.

Strand: Helpful and Harmful Substances (Use, Misuse and Abuse of Materials)

4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Regularly describes how media messages influences health-related product use and selection.	Routinely describes how media messages influences health-related product use and selection.	At times describes how media messages influences health-related product use and selection.	Hardly ever describes how media messages influences health-related product use and selection.
Consistently defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs.	Usually defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs.	Occasionally defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs.	Never defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs.
Regularly describes environmental sensitivities and allergies.	Routinely describes environmental sensitivities and allergies.	Partially describes environmental sensitivities and allergies.	Hardly ever describes environmental sensitivities and allergies.