

## Health – Grade 6

### Strand: Safety (Caring for Yourself, Your Family and Your Community)

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Injuries	Frequently lists injuries that are common in the community.	Generally lists injuries that are common in the community.	Sometimes lists injuries that are common in the community.	Rarely is able to list injuries that are common in the community.
Environment and Health	Frequently lists and describes various environmental factors that affect people's health.	Generally lists and describes various environmental factors that affect people's health.	Sometimes lists and describes various environmental factors that affect people's health.	Rarely lists and describes various environmental factors that affect people's health.
Evidence	projects, mapping process, poster			

### Strand: Wellness (Personal Wellness)

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Domains of wellness	Expertly explains the domains of wellness and can list ways to promote personal wellness.	Easily explains the domains of wellness and can list ways to promote personal wellness.	With some difficulty explains the domains of wellness and lists ways to promote personal wellness.	Unable to explain the domains of wellness and list ways to promote personal wellness.
Nutrition	Frequently lists ways for promoting nutrition and physical activity.	Generally lists ways for promoting nutrition and physical activity.	Sometimes lists ways for promoting nutrition and physical activity.	Rarely lists ways for promoting nutrition and physical activity.
Health Choices	Consistently recalls how environments influence people's health choices.	Routinely recalls how environments influence people's health choices.	Partially recalls how environments influence people's health choices.	Hardly ever recalls how environments influence people's health choices.
Health Promotion	Expertly lists ways that advertisement is used to promote health.	Easily lists ways that advertisement is used to promote health.	With prompting lists ways that advertisement is used to promote health.	Unable to list ways that advertisement is used to promote health.
Evidence	wellness wheels, collages, journal entries, personal wellness plan, reports, presentations, role plays			

## Health – Grade 6

### Strand: Use, Misuse and Abuse (Use, Misuse and Abuse of Materials)

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Allergies	Frequently recognizes that some people have sensitivities or allergies.	Generally recognizes that some people have sensitivities or allergies.	Sometimes recognizes that some people have sensitivities or allergies.	Rarely recognizes that some people have sensitivities or allergies.
Use and Misuse of Substances	Consistently summarizes the use and misuse of substances that are said to assist weight loss or body building.	Routinely summarizes the use and misuse of substances that are said to assist weight loss or body building.	At times summarizes the use and misuse of substances that are said to assist weight loss or body building.	Unable to summarize the use and misuse of substances that are said to assist weight loss or body building.
Addictions	Thoughtfully recalls the meaning of addictive behaviour and the risk factors that may lead to addictions.	Generally recalls the meaning of addictive behaviour and the risk factors that may lead to addictions.	Somewhat recalls the meaning of addictive behaviour and the risk factors that may lead to addictions.	Unable to recall the meaning of addictive behaviour and the risk factors that may lead to addictions.
Evidence	written assignments, skits, role plays, advertising campaign			

### Strand: Growth and Development

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Puberty	Consistently explains the changes that occur in the body during puberty.	Routinely explains the changes that occur in the body during puberty.	Partially explains the changes that occur in the body during puberty.	Unable to explain the changes that occur in the body during puberty.
Reproductive Systems	Precisely identifies the structures and functions of male and female reproductive systems.	Reliably identifies the structures and functions of male and female reproductive systems.	Somewhat identifies the structures and functions of male and female reproductive systems.	Unable to identify the structures and functions of male and female reproductive systems.
Sexuality	Thoughtfully summarizes sexuality in terms of the expression of one's "femaleness" or "maleness".	Generally summarizes sexuality in terms of the expression of one's "femaleness" or "maleness".	With some difficulty summarizes sexuality in terms of the expression of one's "femaleness" or "maleness".	Unable to summarize sexuality in terms of the expression of one's "femaleness" or "maleness".
Evidence	worksheets, quizzes, essays, journals,			