Strand: Safety (Caring for Yourself, Your Family and Your Community)

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
	Ü			Ü
Injuries	Frequently lists injuries that	Generally lists injuries that	Sometimes lists injuries	Rarely is able to list
	are common in the	are common in the	that are common in the	injuries that are common in
	community.	community.	community.	the community.
Environment and	Frequently lists and	Generally lists and	Sometimes lists and	Rarely lists and describes
Health	describes various	describes various	describes various	various environmental
	environmental factors that	environmental factors that	environmental factors that	factors that affect people's
	affect people's health.	affect people's health.	affect people's health.	health.
Evidence	projects. mapping process, poster			

Strand: Wellness (Personal Wellness)

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Domains of	Expertly explains the	Easily explains the domains	With some difficulty	Unable to explain the
wellness	domains of wellness and can	of wellness and can list	explains the domains of	domains of wellness and
	list ways to promote personal	ways to promote personal	wellness and lists ways to	list ways to promote
	wellness.	wellness.	promote personal	personal wellness.
			wellness.	
Nutrition	Frequently lists ways for	Generally lists ways for	Sometimes lists ways for	Rarely lists ways for
	promoting nutrition and	promoting nutrition and	promoting nutrition and	promoting nutrition and
	physical activity.	physical activity.	physical activity.	physical activity.
Health Choices	Consistently recalls how	Routinely recalls how	Partially recalls how	Hardly ever recalls how
	environments influence	environments influence	environments influence	environments influence
	people's health choices.	people's health choices.	people's health choices.	people's health choices.
Health Promotion	Expertly lists ways that	Easily lists ways that	With prompting lists ways	Unable to list ways that
	advertisement is used to	advertisement is used to	that advertisement is used	advertisement is used to
	promote health.	promote health.	to promote health.	promote health.
Evidence	wellness wheels, collages, journal entries, personal wellness plan, reports, presentations, role plays			

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Strand: Use, Misuse and Abuse (Use, Misuse and Abuse of Materials)

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Allergies	Frequently recognizes that	Generally recognizes that	Sometimes recognizes	Rarely recognizes that
	some people have	some people have	that some people have	some people have
	sensitivities or allergies.	sensitivities or allergies.	sensitivities or allergies.	sensitivities or allergies.
Use and Misuse of	Consistently summarizes the	Routinely summarizes the	At times summarizes the	Unable to summarize the
Substances	use and misuse of	use and misuse of	use and misuse of	use and misuse of
	substances that are said to	substances that are said to	substances that are said to	substances that are said
	assist weight loss or body	assist weight loss or body	assist weight loss or body	to assist weight loss or
	building.	building.	building.	body building.
Addictions	Thoughtfully recalls the meaning of addictive	Generally recalls the meaning of addictive	Somewhat recalls the meaning of addictive	Unable to recall the meaning of addictive
	behaviour and the risk factors	behaviour and the risk	behaviour and the risk	behaviour and the risk
	that may lead to addictions.	factors that may lead to	factors that may lead to	factors that may lead to
	linat may lead to addictions.	addictions.	addictions.	addictions.
<u> </u>			addictions.	addictions.
Evidence	written assignments, skits, role	plays, advertising campaign		

Strand: Growth and Development

Topic	4 - Excelling	3 - Meeting	2 - Approaching	1 - Working Below
Puberty	Consistently explains the	Routinely explains the	Partially explains the	Unable to explain the
	changes that occur in the	changes that occur in the	changes that occur in the	changes that occur in the
	body during puberty.	body during puberty.	body during puberty.	body during puberty.
Reproductive	Precisely identifies the	Reliably identifies the	Somewhat identifies the	Unable to identify the
Systems	structures and functions of	structures and functions of	structures and functions of	structures and functions of
	male and female reproductive	male and female	male and female	male and female
	systems.	reproductive systems.	reproductive systems.	reproductive systems.
Sexuality	Thoughtfully summarizes sexuality in terms of the	Generally summarizes sexuality in terms of the	With some difficulty summarizes sexuality in	Unable to summarize sexuality in terms of the
	expression of one's	expression of one's	terms of the expression of	expression of one's
	"femaleness" or "maleness".	"femaleness" or "maleness".	one's "femaleness" or	"femaleness" or
	Terrialeriess of maleriess.	Terrialeriess of maleriess.	"maleness".	"maleness".
Evidence	worksheets, quizzes, essays, journals,			

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