

RMS NEWSLETTER – February 2022

Our hope is to be welcoming all students back to school on Monday, January 31, 2022. Public Health will give an update this week – please watch for an announcement. We are excited to have students back in the building!

Kudos Corner!

- Thank you to our families for supporting educators and their own children with their learning to ensure education is a priority.
- Huge shout out to our Student of the Month Recipients for the month of January – Congratulations Jacob Martin, Quinn Tully, and Sam Comeau! We look forward to our lunch and learn with you upon your return to school.

Sports News

It is our hope to finish out the basketball season when protocols allow before moving on to another sport – stay tuned for more information from Mr. Brewer.

Bell Let's Talk

Bell Let's Talk Day is Wednesday, January 26 and we're joining in to help drive meaningful progress in mental health.

COVID-19 has affected every aspect of our lives, including our mental health; however, tools are available to support ourselves and each other.

Since 2010, Canadians and people around the globe have joined in the world's largest conversation around mental health on Bell Let's Talk Day. Together we have taken big steps to reduce the stigma around mental health issues and inspire one another to take action and help create a Canada where everyone can access the mental health support they need. In a recent survey conducted by Nielsen Consumer Insights, 82% of Canadians now say they are comfortable speaking with others about mental health, compared to only 42% in 2012. By joining in and taking action, we are all helping to make a real difference.

This year's Bell Let's Talk Day campaign highlights the ways that we can support ourselves and those we care about through actions like listening, being there and talking. Every Canadian can play a part in their communities, workplaces, schools and at home.

That's why we're joining in the 12th annual Bell Let's Talk Day to help create positive change.

At Ridgeview, we are continuing the conversation about mental health by promoting resources that students can access, like the Kids Help Phone and promoting healthy habits in class and online. On Wednesday, January 26 we will have a school-wide virtual assembly to promote Bell Let's Talk Day.

Keep listening, talking and being there for ourselves and each other.

On Bell Let's Talk Day, Bell donates 5 cents to Canadian mental health programs for every applicable text, local or long distance call, tweet or TikTok video using #BellLetsTalk, every [Facebook](#), [Instagram](#), [LinkedIn](#), [Pinterest](#), [Snapchat](#), [TikTok](#), [Twitter](#) and [YouTube](#) view of the Bell Let's Talk Day video, and every use of the Bell Let's Talk Facebook frame or Snapchat lens. All at no cost to participants beyond what they would normally pay their service provider for online or phone access.

You can also find resources, learn more about some of the organizations providing meaningful mental health supports and services throughout Canada and download the [Bell Let's Talk toolkit](#) to begin your own conversation about mental health at home, school or in the workplace.

Please join us this Bell Let's Talk Day by showing your support for all those who live with mental illness and those taking action to help them.

Healthy and Safe Schools – School Winter Plan K-8

Please review the new Winter Plan before returning to school. You can read the detailed plan by visiting: <https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/K12/k-8-winter-plan.pdf> Upon students return to school, we will be hosting a virtual assembly to review the expectations to keep everyone safe and healthy.

National Family Literacy Day

Families are encouraged to celebrate "Family Literacy Day" on Thursday, January 27th. Websites with ideas are listed below; however, it's always nice to read together and it's fun to challenge a family member to a game of Scrabble or Hangman!

[Family Literacy – Literacy Coalition of New Brunswick \(nbliteracy.ca\)](#)

[Family Literacy Day 2022 | abclifelifiteracy.ca](#)

[Celebrate National Family Literacy Day! | Read Write Think](#)

Staff of the Month – January

All RMS staff deserve a huge shout out for their commitment to providing meaningful learning opportunities to both at home and face-to-face learners. Their ability to pivot, balance their workload while supporting their own family, while at the same time providing support to learners on multiple platforms to ensure they are engaged in learning is commendable. We are so proud of our staff, students, and families for their adaptability and resiliency. Thank you for all the positive praise and feedback. We are committed to doing our best to provide a positive learning experience.

Amanda Piron
Principal

Angela Thomson
Vice-Principal



Up Coming Events:

Black History Month

- February

Virtual PSSC Meeting at 6pm

- February 1

Happy Valentine's Day!

- February 14

Family Day – NO SCHOOL

- February 21

RMS Newsletter Goes Home

- February 22

Virtual Student Recognition Ceremony

- February 25