

**School Lunch Menu provided by Deli Connection/Jobs Unlimited**

**October 31, 2022 – November 25, 2022**

**Royal Road**

**Monday**

<b>Grilled Cheese sandwich</b> with fruit & veggies	\$4.35
<b>Pizza bagel</b> (on ½ a bagel) with fruit & veggies	\$4.25

**Tuesday**

<b>Chicken Quesadilla</b> with fruit & veggies	\$5.00
<b>Chicken Teriyaki Stir fry and Rice</b> with fruit	\$5.00

**Wednesday**

<b>mini muffins</b> (3)	\$1.50
<b>Yogurt</b>	\$ .75
<b>Smoothie</b>	\$2.25
<b>Mini Cinnamon Pancake poppers</b> (3)	\$1.50

**Thursday**

<b>Spaghetti</b> ground beef in sauce, half slice garlic bread with fruit & veggies	\$4.75
<b>Veggie Wrap</b> (Tomato, lettuce, cheese, mayo) with fruit & veggies	\$4.50

**Friday**

<b>Pizza (cheese pizza)</b> (1 slice) with fruit & veggies	\$4.50
<b>Nachos chips</b> with grated cheese, sour cream, salsa with fruit & veggies	\$4.50