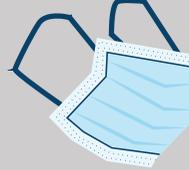
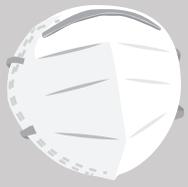


# UNDERSTANDING MASK DIFFERENCES AND RECOMMENDATIONS FOR COMMUNITY USE

Mask type	 <p><b>Community face mask (cloth face covering)</b></p>	 <p><b>Single use disposable mask</b></p>	 <p><b>N95 mask</b></p>	 <p><b>Community face mask with air vent or valve</b></p>	 <p><b>Face shield</b></p>	 <p><b>Face gaiters, bandanas, scarves, etc.</b></p>
Recommended						
Intended purpose	<p>Helps protect yourself and others, especially if someone is infected but has no symptoms.</p> <p>Masks should cover your nose and mouth and fit securely to the head with ties or ear loops. Your mask should be comfortable and not require frequent adjustment.</p> <p>Follow <a href="#">Public Health Agency of Canada's</a> advice on how to make your mask to ensure there are the appropriate layers of protection.</p>	<p>Helps protect yourself and others, especially if someone is infected but has no symptoms.</p> <p>Masks should cover your nose and mouth and fit securely to the head with ties or ear loops. Your mask should be comfortable and not require frequent adjustment.</p> <p>Recommended single use only.</p> <p>Avoid littering by disposing masks properly.</p>	<p>Designed to be used for a single use, and should be saved for use by medical professionals in a hospital or patient care setting.</p>	<p>Vents or valves in masks allow virus particles to escape. They are not recommended during the COVID-19 pandemic.</p>	<p>Ideally worn with a mask and mainly used for eye protection.</p> <p>They do not protect the entire face, nor do they fit securely around the mouth and nose.</p> <p>Workers for whom wearing a face mask would introduce a health and safety risk related to their work environment may substitute a shield for a face covering.</p>	<p>Must not be worn instead of a face mask to protect against COVID-19. They are not effective at preventing the transmission of the virus.</p>
Made of	<p>Tightly woven fabrics, like cotton or linen. Avoid masks that are made of fabric that make it hard to breathe (i.e vinyl).</p>	<p>Non-woven fabrics and polypropylene.</p>	<p>Breathable synthetic plastic.</p>	<p>Typically made from cloth-like material with the addition of a vent or valve.</p>	<p>Typically made of plastic.</p>	<p>Typically made from a single thin layer of loose thread count material, such as polyester, a poly-cotton blend or cotton. Some are made of fleece or wool.</p>