Farm to School **Farm Fresh** Menu Served in the Cafeteria at lunch time Tuesday, Wednesday & Thursday Same Day Purchase or Pre Order Specials

Pilot project to offer local, fresh, salads and soups to CCS students & staff Sponsored by Farm to Cafeteria Canada, Centreville Community School & Strawberry Hill Farm

	Tuesday Dec 1 Salad Bar & Roll	Wed. Dec 2 Salad Bar & Roll	Thurs, Dec 3 Veggie Wraps	Salad Bar Items Mixed Greens, Spinach,, Tomatoes, Cucumbers Red Onion
	Chicken Vegetable Soup & WW Roll	Chicken Vegetable Soup & WW Roll	Chicken Vegetable Soup & WW Roll	Celery Grated Carrot Hard Boiled Egg or Cheese
(8)	Tuesday Dec 8	Wed. Dec 9	Thurs, Dec 10	WW Roll Salad Dressing
	Salad Bar & Roll	Christmas concert No SALAD	Veggie Wraps	Soup: \$2.50 Full Course Salad:
	Or Hamburger Vegetable Soup & Roll	NO SOUP today	Or Ham,burger Vegetable Soup & Roll	\$2.50 Soup/ Salad Combo: \$4.00
	Tuesday Dec 15 NO	Wed. Dec 16  FARM TO	Thurs, Dec 17 SCHOOL	Side Salad or small dish one veggie of choice: \$1.00 Veggie Wrap with
				\$2.00

NO Farm to School Menu December 10, December 15, 16, 17

	Student Name:	Home Room:
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## <u>Circle</u> your order. Send money to home room teacher. Purchase a Meal Card:

3 soup or full course salads: 7.50 3 Soup & Salad: \$12.00

Purchase 10 soup or full course salads: 22.50 Get next two free

Purchase 10 soup & salad combo-\$40.00 Get next two free

Side salad or small dish with one veggie from salad bar of student choice: \$1.00 each 10 for \$10.00 with next two free or 5 wraps for \$10 with next one free

## Purchase daily at salad bar:

Soup & Roll: \$2.50 Main Course Salad & Roll: \$2.50

Side Salad or 1 Veggie in small dish: \$1.00 Veggie Wrap: \$2.00