







Farm to School **Farm Fresh** Menu Served in the Cafeteria at lunch time Tuesday , Wednesday & Thursday  
 Same Day Purchase or Pre Order Specials  
 Pilot project to offer local, fresh, salads and soups to CCS students & staff  
 Sponsored by Farm to Cafeteria Canada, Centreville Community School & Strawberry Hill Farm

	<b>Tuesday Sept 22</b> Salad Bar & Roll	<b>Wed. Sept 23</b> Salad Bar & Roll	<b>Thurs, Sept 24</b> Salad Bar & Roll	<b>Salad Bar Items</b> Mixed Greens, Spinach, Tomatoes, Cucumbers Red Onion Celery Grated Carrot Hard Boiled Egg or Cheese WW Roll Salad Dressing  <b>Soup: \$2.50</b> <b>Full Course Salad:</b> \$2.50 <b>Soup/ Salad Combo:</b> \$4.00 <b>Side Salad or small dish</b> <b>one veggie of choice:</b> \$1.00
	<b>Or</b> <b>Hamburger</b> Vegetable Soup & WW Roll	<b>Or</b> <b>Hamburger</b> Vegetable Soup & WW Roll	<b>Or</b> <b>Hamburger</b> Vegetable Soup & WW Roll	
	<b>Tuesday Sept 29</b> Salad Bar & Roll	<b>Wed. Sept 30</b> Salad Bar & Roll	<b>Thurs, Oct 1</b> Salad Bar & Roll	
	<b>Or</b> <b>Chicken Vegetable</b> Soup & Roll	<b>Or</b> <b>Chicken Vegetable</b> Soup & Roll	<b>Or</b> <b>Chicken Vegetable</b> Soup & Roll	
	<b>Tuesday Oct 6</b> Salad Bar & Roll	<b>Wed. Oct 7</b> Salad Bar & Roll	<b>Thurs, Oct 8</b> Salad Bar & Roll	
	<b>Or</b> <b>Hamburger</b> Vegetable Soup & WW Roll	<b>Or</b> <b>Hamburger</b> Vegetable Soup & WW Roll	<b>Or</b> <b>Hamburger</b> Vegetable Soup & WW Roll	

**Student Name:** \_\_\_\_\_ **Home Room:** \_\_\_\_\_

**Circle your order. Send money to home room teacher.**

**Purchase a Meal Card:**

3 soup or full course salads : 7.50      3 Soup & Salad: \$12.00

Purchase 10 soup or full course salads: 22.50 Get next two free

Purchase 10 soup & salad combo- \$40.00 Get next two free

Side salad or small dish with one veggie from salad bar of student choice: \$1.00 each  
 10 for \$10.00 with next two free

**Purchase daily at salad bar:**

Soup & Roll: \$2.50

Main Course Salad & Roll: \$2.50

Side Salad or 1 Veggie in small dish: \$1.00

