

Celebrate

farm to School MONTH Canada

OCTOBER 1-31, 2015

Join Farm to Cafeteria Canada for our 2nd annual Farm to School Month - a celebration of all that is happening across Canada to get more healthy, local, and sustainable foods into the minds and onto the plates of students.

What? Send us your artwork - a hand drawn picture, or a poem or a recipe. You could win a \$2000 school garden grant or other great prizes.

Who? Students in grades K-12 are encouraged to celebrate — with teachers, principals, parents, chefs, farmers and friends.

Where? Farm to School celebrations can occur in the school garden, cafeteria, or classroom. They can also occur in the community — on a farm, at the market, or at the shore.

How? Principals, Teachers, Parents, it's easy to enter to win a Farm to School prize:

- 1) Celebrate healthy, local foods with students during the month of October, 2015.
- 2) Encourage students to submit artwork illustrating the Farm to School celebration.
- 3) Complete the attached registration form
- 4) Use Canada post to mail us the registration form plus at least 1 piece of artwork created by a student.



Celebrate in your Garden!

Host a garden party, harvest taste testing or plant fall crops.



Celebrate on the Farm!

Get out to the farm and get your hands in the dirt. Dig up potatoes, and pick up that pumpkin.



Celebrate in your Classroom!

Plant an indoor herb garden, make smoothies, invite a farmer or fisher in as a special guest, or write poems or songs.

BERNICE MACNAUGHTON
HIGH SCHOOL, MONCTON NB

FARM TO CAFETERIA CANADA

PROJECTCHEF, VANCOUVER, BC



Registration Form

(To be completed by a representative of a Canadian School serving students enrolled in grades K-12.)

School Name: _____

School Address (Including Postal Code): _____

School Contact Name: _____

Contact's Email: _____

Number of Participants: _____

Where did you celebrate? (circle all that apply) Garden Classroom Cafeteria/Dining Area
Student Nutrition Program Kitchen Community Farm Other _____

In 3-4 sentences what you did to celebrate F2S month. (We love receiving great quotes):

If your school wins the draw for the grand prize – a \$2000 school garden grant – how would the school use the grant help to get more healthy local foods in the minds and on the plates of students? (Please tell us in 3-4 sentences.)

- Did you promote Farm to School Month to others? Yes/ No
- Did you visit Farm to Cafeteria Canada's website for ideas? Yes/ No
- Can we contact you to add your school to the National School Food Map? Yes/ No
- Can we share your information and illustrations with the Farm to School lead in your home province? Yes/ No

Please use Canada Post to submit your completed and signed registration forms plus at least 1 piece of artwork to the following address. All information must be post date stamped no later than November 7, 2015.

(Please note. We require original artwork. We can not not accept electronic copies of materials or faxed materials.)

Forms may be sent to: **Farm to School Month Canada Campaign**
c/o Farm to Cafeteria Canada
4445 Norfolk Street, Burnaby, BC V5G 4G3

Signature _____ Date _____

Before mailing your package please check off the following statements to ensure it is complete:

- () I have included a registration form that is completely filled out and signed.
- () I am including at least one piece of artwork of our Farm to School Month celebration that meets the criteria in the Prize Draw Terms and Conditions below.
- () I have read the Prize Draw Terms and Conditions below and agree with them.

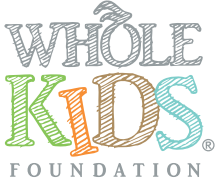


For more Farm to School Month activities and details on how to get involved:

www.farmtocafeteriacanada.ca • facebook.com/groups.FarmtocafeteriaCanada • [@farm2cafeteria](https://twitter.com/farm2cafeteria) • [#farmtoschoolcanada](https://twitter.com/#farmtoschoolcanada)



Healthy, local and sustainable food in all public institutions



Farm to School Month Canada Prize Draw

Prize Draw Terms and Conditions:

On Friday November 13, during “Changing the Menu” Canada’s First National School Food Conference, an announcement will be made to declare the winners of the Farm to Cafeteria Canada’s 2nd Annual Farm to School Month Campaign.

Two draws will be made to award 2 Canadian schools a **Farm to School educational resource kit**.

A third draw will be made to award a single Canadian school the grand prize — **a school garden grant valued at \$2000**.

The school garden grant is contributed by **Whole Kids Foundation**.

Additional information about Whole Kids Foundation Canadian School garden grants can be found here: www.wholekidsfoundation.org/index.php/schools/programs

Eligibility to be entered into the draw:

- This draw is limited to Canadian schools, (K-12).
- The school must have participated in at least one activity to celebrate Farm to School Month Canada between October 1-31, 2015. At least one student must create one piece of artwork — a drawing, a poem or a recipe — of the celebration.

The artwork must be submitted on a single sheet of white 8.5 x 11” paper. It may take 1 of 3 forms. It could be a:

- 1) A drawing of the Farm to School celebration in colour. Any medium to draw may be used. **OR**
- 2) A poem about the celebration. **OR**
- 3) A recipe for a healthy local foods served at the celebration.

The artwork must be in colour. The students name, age, school, and grade must be written on the back of the picture. It must be clear and legible. (Students should not write on the front of the picture.)

- A registration form must be completely filled out for each school that participates in an activity to celebrate Farm to School Month in Canada.
- Only one registration form per school is permitted.
- Registration forms may be found online and downloaded here: www.farmtocafeteriacanada.ca/farm-to-school-month
- The registration form must be signed and dated by a representative of the school.
- The applicant must be 19 years of age or older.
- Please use Canada Post to submit your completed and signed registration forms plus at least 1 piece of artwork to the following address:

Farm to School Month Canada Campaign

c/o Farm to Cafeteria Canada
4445 Norfolk Street, Burnaby, BC V5G 4G3

**Please note. We require original artwork. We cannot accept electronic copies of materials or faxed materials.*

Farm to School Month officially ends on October 31, 2015

Your registration form and artwork must be received in our office no later than Nov 7, 2015 to be eligible for the draw.



For more Farm to School Month activities and details on how to get involved:

www.farmtocafeteriacanada.ca • [facebook.com/groups.farmtocafeteriacanada](https://www.facebook.com/groups/farmtocafeteriacanada) • [@farm2cafeteria](https://twitter.com/farm2cafeteria) • [#farmtoschoolcanada](https://twitter.com/farmtoschoolcanada)