

Cafeteria : CAMBRIDGE-NARROWS

School year 2017/2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Sept 4th-8th Oct 2nd-6 Oct 30th-Nov 3rd Nov 27- Dec 1 st Jan 22nd-26 Feb 19th-23rd March 19th-23rd April 16th-20th May 14th-18th June 11th-15th	Pizza Raw Vegetables or Salad	Shepherd's Pie Vegetables	Chicken Nuggets Rice Salad	
WEEK 2	Sept 11th-15th Oct 9th-13th Nov 6th-10th Dec 4th-8th Jan 29th -Feb 2nd Feb 26th- March 2nd March 26th-30th April 23rd-27th May 21st-25th June 18th-22nd	Meatballs with Rice Vegetables	Turkey Mashed Potatoes Vegetables	Grilled Cheese Raw Vegetables Hummus	
WEEK 3	Sept 18th-22nd Oct 16th-20th Nov 13th-17th Dec 11th-15th Jan 8th-12th Feb 5th-9th April 2nd-5th April 30th -May 4 th May 28th - June 1 st	Taco Wrap Hash Brown Raw Vegetables	Macaroni and Cheese Chicken Brocoli Salad	¼ BBQ Chicken or 2 Drumsticks Mashed Potatoes Vegetables	
WEEK 4	Sept 25th-29th Oct 23rd-27th Nov 20th-24th Dec 18th-22nd Jan 15th-19th Feb 12th-16th March 12th-16th April 9th-13th May 7th-11th June 4th-8th	Souvlaki Chicken Rice Vegetables	Oven Ham Mashed Potatoes Vegetables	Spaghetti Garlic Fingers Salad	

****If you are Vegan or Vegetarian send us an E-mail at restolba@nb.sympatico.ca to personalize your menu**

Price: \$5.00 + \$0.50 Beverage + \$0.50 Dessert

Healthy desserts

Served every day:

- Yogurt
- Fresh Fruits

Served twice a week :

- Muffins
- Homemade Cookies
- Pudding

How to place your order?

- What date is it?
- What week are we in?
- For each day of the week select if you want the meal of the day or if you want the 2nd choice (Cheeseburger)
- Select if you want a Beverage and/or Dessert
- Put your money and your order sheet in and envelope with your name, grade and teacher's name.
- Return order 1 week in advance
- Repeat every week!

It's easy as 1, 2, 3 !!

**FOOD SERVICES PROVIDES BY
RESTO LA BONNE ASSIETTE 1844-854-MEAL**

