

Influenza-like Illness in Schools

As fall approaches, the influenza season will arrive soon. Schools in Anglophone Schools West will be required to complete daily forms and submit to the Fredericton Public Health Office regarding absenteeism due to influenza.

Influenza symptoms include: fever, cough, sore throat and muscle aches. Symptoms of nausea, vomiting and diarrhea are not usually related to influenza.

However unusual numbers of people with symptoms of gastrointestinal illness that include nausea vomiting and diarrhea should be reported to Public Health in case there is a need for public health investigation and action.

In addition to immunization, regular hand washing and respiratory etiquette are simple but effective measures to prevent the spread of influenza and other communicable diseases.