

PARKING

There is ample free parking on site at Kings Valley Wesleyan. Please think green and carpool if you can.

Who should attend?

This conference is opened to a broad range of individuals who are interested in the wellbeing of our community's children. This includes physiotherapist, occupational therapist, psychologists, social workers, counsellors, psychiatrists, nurses, educators, physicians and students of these professions.

The goal of this conference is to increase the participants' knowledge of issues pertaining to the Youth Athlete.

In addition, by coordinating the key players involved in this process, we hope to enhance the care and service to the paediatric and adolescent youth athletes in our province.

PAYMENT

Please submit payment and registration to:

Dr. Wendy Alexander
40 Grove Avenue
Rothesay, NB E2E 5K6

Phone: (506) 849-0099
Fax: (506) 849-8877

SPONSORSHIP

We are able to keep the cost of this conference low because of the generous sponsorship of the Dr. David Stephen Memorial Foundation, and a number of pharmaceutical companies with an interest in the welfare of children.



**DR. DAVID STEPHEN
MEMORIAL
FOUNDATION**

"It shouldn't hurt to be a child"

13th Annual National Child Day Conference

Department of Paediatrics

Saint John Regional Hospital



National Child Day: Community Management of the Youth Athlete

November 14, 2013

Kings Valley Wesleyan Church

332 Hampton Road

Quispamsis, NB

Guest Speakers

Dr. Jennifer Fletcher, MD, FRCSC

Dr. Fletcher completed Residency Training in Orthopedic Surgery at McGill in 1998. She specialized in Sport Medicine at the University of Calgary. She accepted a position within the Department of Orthopedic Surgery in Saint John, New Brunswick in 1999. She is currently the president of the Canadian Academy of Sport and Exercise Medicine and Assistant Professor Dalhousie University Dep't of Orthopaedic Surgery. She started the Saint John Sport Concussion Clinic with Stewart Munroe in 2013

Stewart Munroe, BSc, CAT (C)

Stewart graduated from Acadia University in 1995 with a BSc. In 1999 he completed the Athletic Therapy program at Sheridan College. He owns Ken Val Rehab & Sports Injury Centre in Rothesay. In 2002 He joined Dr. Fletcher at the Saint John Concussion Clinic where he helps assess and guide concussed athletes through recovery and return to sport.

Dr. John A. Grant PhD, MD, FRCSC

Dr. Grant obtained his BSc in Kinesiology from Dalhousie University and his PhD in Kinesiology with a specialization in Bone & Joint Health from the University of Calgary Sport Medicine Centre. He then completed medical school and residency training in Orthopaedic Surgery at the University of Calgary in 2010. After two years working with the Department of Orthopaedic Surgery in Saint John, he has returned to join the faculty in the Department of Orthopaedic Surgery at the University of Michigan

Dr. Ryan Hamilton, PhD, MSES

Dr. Hamilton holds a PhD from the University of New Brunswick in Sports Psychology along with Master's degree in Sport and Exercise science and a Bachelor's degree in Psychology. He is the lead sport psychologist with the Canadian Sport Centre in New Brunswick. He has attended several Canada Games with Team NB, and recently attended the Commonwealth Games with Team Canada.

Dr. Gretchen Kerr, BPHE, MA, PhD

Ms. Kerr is a Professor and Vice Dean at the Faculty of Kinesiology and Physical Education at the University of Toronto. Through her research, education, and advocacy, she addressed the psychological health and development of young people in sports. She serves as the harassment officer for Gymnastics Canada and she is on the editorial board for the Canadian Journal for Women in Coaching.

Ms. Raine Easton

Ms. Easton is an elite soccer player. She has experienced concussions and is eager to discuss her experiences.

Scheduled Sessions

November 14, 2014

815h	Registration
845h	Welcome <i>Dr. Todd Lambert</i>
900h – 1000h	“Burnout & Anxiety in the Youth Athlete: Keys for Identification and Management” <i>Dr. Ryan Hamilton</i>
1000h	Nutrition Break
1030h – 1130h	“Child Maltreatment in Youth Sport” <i>Dr. Gretchen Kerr</i>
1130h – 12:30h	“Overuse Injuries in Youth Sport” <i>Dr. John Grant</i>
1230h – 1330h	Lunch
1330h – 1500h	“Sport Concussion Management” <i>Dr. Jennifer Fletcher Stewart Munroe</i>
1500h – 1515h	Break
15:15h – 1530h	Multiple Concussion Experience <i>Ms. Raine Easton</i>
1530h - 1600	Concussion Panel Discussion
1600h	Evaluations

REGISTRATION FEE:

National Child Day

Registration and payment of
\$50.00

must be received by
October 31, 2014.

Registration and payment after
October 31st will be
\$75.00.

Cheques are payable to:
The Department of Pediatrics
c/o Dr. Wendy Alexander,
40 Grove Avenue,
Rothesay, NB,
E2E 5K6

Please print and send in this
portion as your registration:

Name:

Email:

Phone:

Occupation: