



**Talk  
With  
Me** Early  
Language  
Services

When it comes to your child's language,  
“don't wait and see, call Talk With Me”!



Complete the checklist on the back of  
this page to see if your child is meeting  
milestones.



## How Can “Talk With Me” Help Us?

A “Talk With Me” Speech-Language Pathologist  
will help you support your child's language  
development at home by:

- Answering any questions that you have about your child's speech and language development
- Offering suggestions based on your child's needs (this could be by phone, info sent in the mail or home visit)
- Monitoring your child's progress (this could be by phone or home visit)
- Discussing if therapy is needed

**All of our services are FREE!**

## Why Should I Call “Talk With Me”?

Catching communication and language  
differences early can prevent potential problems  
later with:

- Behavior
- Learning
- Reading
- Play skills/social interaction

## What About Speech Therapy?

“Talk With Me” does not offer direct therapy or full  
speech and language assessments. For these  
services contact Speech Therapy in hospital.

Parents can self refer by calling: 375-2586  
(Upper River Valley Hospital in Waterville—also  
covers Perth-Andover and Plaster Rock)

Have your child's Medicare card ready.

## CONTACT US

Covers Nackawic to Edmundston (English)



1-866-423-8800



Talk With Me Program - Woodstock



talkwithmewoodstock@nbed.nb.ca



ANGLOPHONE WEST SCHOOL DISTRICT

# Speech and Language Milestones

**If you answered “No” to 2 or more questions or if you have concerns:**

- Contact us: 1-866-423-8800
- Have your child’s hearing assessed: 375-2586 (have child’s Medicare card)

By 12 months, can your child...	Yes	No
Understand their name and words like “up”, “bye-bye”?		
Follow simple directions like “come here” and “sit down”?		
Use gestures such as “bye- bye”?		
Say sounds (like nana, gaga)?		
Say their first word?		
Bring you toys to show you and/or play with?		
By 18 months, can your child...	Yes	No
Understand words such as body parts?		
Understand simple directions or questions such as “where’s your nose?”, “get your hat”		
Understand “no”?		
Make environmental sounds (animal noises, car noises)?		
Put sounds and words together that sound like sentences?		
Say about 20 words, though not all are clear?		
Make gestures or ask for “more” or “again”?		
Use gestures like pointing, waving, reaching, sometimes paired with sounds or words?		

By 2 years, can your child...	Yes	No
Follow simple directions (“get your boots”)?		
Point to pictures of common items when asked (such as “where’s the dog”)?		
Pick one thing out of a group of items, such as a cup?		
Say some 2-word sentences (“more juice”)?		
Ask for and name most common objects?		
Ask simple questions (“what’s that”)?		
Use “me” instead of their name when referring to self?		
Say the following sounds: p, b, t, d, m, n?		
By 3 years, does your child...	Yes	No
Follow 2-step directions (“get your bear and put it in the bed”)?		
Understand many concepts such as location (in, under) and description (hot, big) words?		
Listen to stories and answer questions about it?		
Ask and answer more types of questions?		
Use many words to name objects, people and places in their environment?		
Speak in short sentences made of 3+ words?		
Begin to add endings to words like “run <u>ing</u> ” and “toy <u>s</u> ”?		
Use clearer speech to pronounce words? (75% understood by people less familiar with your child)		
Can tell a simple story or sing a familiar song?		
Say the following sounds: h, w, k, g, ng, y?		

If your child is 4, can they...	Yes	No
Follow 3-step directions (“go to your room, get your shoes and bring them to me”)		
Use long sentences (4 to 6 words with only a few grammar errors)		
Answer questions about a book		
Be understood most of the time by people outside of immediate family		
Ask many questions (who, what, where, when, why)		
Give directions to others		
Talk about things they have done in the past		
Tell stories with a beginning, middle and end		
Tell you what they are feeling (“I’m tired”, “I’m mad”)		
Make up simple rhymes (“cat-bat”)		
If your child is 5, can they...	Yes	No
Understand directions involving “if...then” (ex: “if you’re wearing sneakers, then line up for the gym”)		
Speak in sentences (similar to adults but with a few grammar errors)		
Be understood almost all the time AND use most sounds correctly (exceptions: v, l, r, th or blends like br, pl, sk)		
Describe objects and events		
Talk about things in the past		
Recognize familiar signs such as “Stop”		
Understand most words they hear and can explain their meaning		
Identify some initial sounds in words (eg. “S” makes the /s/ sound. “s-s-un”)		