



Pajama Art

- Paint, markers or crayons
- Glitter or sequins
- Glue
- Stickers
- Paper with pajama outline

Print or draw a pajama shirt and pants. Let your child colour in the pajamas using paint, markers or crayons. Use glue to add glitter or sequins or use stickers to decorate.



Custom Pillow Cases/Shirts

- White pillow case/shirt
- Crayola fabric markers (or any brand of fabric marker/paint)
- Piece of cardboard (folded cereal box)

Place a sheet of cardboard inside the pillowcase/shirt to prevent the markers from bleeding through. Let your child draw anything that they like! You can also draw a picture for your younger child and let them colour it in (if your pillowcase is thin enough you might be able to place a picture inside and trace the outline).



It's Time for Bed

*Time for bed, time for bed
Fluff up the pillow, (pretend to fluff pillow)
Lay down your head. (lay head on hands)
Pull up the blanket, tuck it in tight.
(pretend to pull covers up)
Close your eyes and sleep all night. (pretend to sleep)*

Star Light, Star Bright

*Star light, star bright,
The first star I see tonight,
I wish I may, I wish I might,
Have the wish I wish tonight.*

