

# Earth Week



## with FES Gaia Club

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the  
great  
gulp

**Monday:** The Great Gulp – The challenge today is to use a reusable water bottle. This small act can have a **BIG** environmental impact!

Find out more about “The Great Gulp” here:

[www.ecoschools.ca/thegreatgulp](http://www.ecoschools.ca/thegreatgulp)

**Tuesday:** Go for a walk outside and pick up any garbage you see on the ground – be sure to bring a garage bag with you, and wear gloves!

Earth Day  
Trash  
Pick-Up



**Wednesday:** Happy Earth Day!

Create a list of all the ways you can help the earth, then see how many things you can check off your list!

This website has some great Earth Day ideas:

[www.earthday.ca](http://www.earthday.ca)

**Thursday:** Take a shorter Shower

Be conscious of how long you spend in the shower. Try to keep it under 10 minutes.



Celebrating Earth Day, Every Day!



**FRIDAY:** Create a piece of art using ONLY RECYCLED items – take a picture of your art and post to the FES Home and School Facebook page.