



## Florenceville Middle School January 2015 Newsletter

School Vision - "All students will be given the opportunity and support to become responsible citizens."

School Mission - "The mission of FMS is to develop students who are intellectually, technologically, physically and socially ready for their place in the 21<sup>st</sup> century world."

### Welcome 2015!

As this new year begins, we welcome some new faces to FMS. Lorie McMonagle is the new 7/8B homeroom teacher and is teaching courses that Mr. Brymer taught before Christmas. Ashley Kelly is the new 7H homeroom teacher and is teaching courses that Mme Hamilton taught. Evelyn Kitchen is the SIW who will be working with several of our students over the next few weeks in support of learning targets. Walter Prosser has been awarded the Custodian II position at FMS. We welcome all new staff to FMS and look forward to their contributing to making FMS great!

As we re-start and remind students of the importance of routines and procedures, we would also ask your attention to the following reminders of school procedures and policies:

#### Contact Information

If your contact information has changed, including home phone, work phone, cell phone, email address and/or mailing address, please be sure to have your child bring that information to **Jane** in the main office so that we may update our records. She can then pass on these updates to the teachers. It is important for your child's well-being that we have a current number by which to contact you at all times.

#### Custody Information

By law, schools are required to provide, on request from non-custodial parents, information about a student's education, except when a court order prohibiting access of a parent to a child exists. If there is a current, valid court order prohibiting access to this child, the responsibility rests with the custodial parent to provide the school with a copy of this document. Please send in a copy of such a form if it exists or call Jane at the office to make other arrangements for our having a copy on file.

#### Contacting the School - Please leave a message

We have a message machine which is checked regularly. If you call during the day, please leave a message and Jane will get back to you. Duties which call her away from her desk may mean she may not pick up when you call, however, she checks for messages each time she returns to her desk and will be sure to respond to your request.

#### Other reminders

**FMS is scent free.** All staff, students, parents, guardians, and volunteers are asked not to wear perfume, cologne, or scented personal products in the school so that air-borne irritants can be kept to a minimum.

**FMS is nut free.** This includes all nuts (peanuts and tree nuts). All staff, students, parents, guardians, and volunteers are asked not to bring or send any purchased or home-made food items that contain nuts or nut products. We thank you for making 'label reading' a part of your routine when choosing foods for buckets, snacks as well as when sending items for extra-curricular events and bake sales.

The cutlery (forks and spoons) available in the cafeteria is for the students who have purchased a Chartwells' meal. If your child has a meal from home that requires cutlery, they need to pack that in their bucket. Thank you!

If your child forgets lunch they can make toast or sandwich in the technology lab/kitchen from 12:18 to 12:28.

#### Helping out Devon Middle School

As a result of a New Year's Day flood where a sprinkler pipe burst in the attic above the ceiling in the school library; all the contents of their library, including all books and computers were lost. The school has set up a crowdfunding page where anyone can make donations of any amount. Please consider sharing this link to your social networks (Twitter, Facebook, etc) and spreading the word.

The link is <http://www.gofundme.com/DevonMiddleLibrary>

In addition, they are collecting age appropriate books, in gently used condition. They will start receiving donations of books directly at Devon Middle School starting January 12<sup>th</sup>. If you have gently used books that you would like to donate, we will receive these at FMS to forward on to Devon Middle.

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## January 2015

7<sup>th</sup>: January newsletter goes home

23<sup>rd</sup>: 3:00 we will begin accepting donations for the Yard sale

24<sup>th</sup>: Yard sale fundraiser for Grade 8 Trip to Quebec

26<sup>th</sup>: PSSC meeting in the library at 7:30

29<sup>th</sup>: FMS Dance – ‘fee’ is juice for the breakfast program (bottled, tetra packs or frozen concentrate)

30<sup>th</sup>: Rally Day

## February 2015

4<sup>th</sup>: Achievement report cards and February Newsletter go home

4<sup>th</sup>: TNB Young Company presentation at CNHS for all BMS, CCS and FMS middle school students

10<sup>th</sup>: Blood Donor Clinic

13<sup>th</sup>: Professional Learning Day – No school for students

26<sup>th</sup>: Pink Day (anti-bullying)

27<sup>th</sup>: Rally Day and Winter Activities; Free Throw Contest and Spelling Bee

**March Break is March 2 – 6, 2015.**

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## Bounce Back Forms at FMS

We are very proud of the way FMS students work hard daily to meet the expectations we have of them as learners, as citizens, and as models of the FALCON code. There will be times, however, when individual students may be ‘off’ their game and need to refocus, reset their body and brain for learning, or have a few moments to reflect on what they need to be successful. When a student’s behaviour becomes disruptive to the learning environment, FMS teachers will often give the student a ‘Bounce Back’ sheet to complete in the hall. This reflective tool allows the student to rethink his/her behaviour and make a plan for re-entry into the classroom that will be successful. Students write the plan for re-entry on paper and give a commitment to making it happen by handing a thoughtfully completed Bounce Back form to the teacher so they may re-enter the classroom. Students who do so successfully have met the expectations of the process. Students who do not meet the commitment they have made or continue to be disruptive will be expected to serve a noon or after-school detention. Home contact will be made to verify that an alternate way of getting home can be arranged for that day. Thank you in advance for your support of this initiative that allows students to be a part of their own problem-solving.

## Physical Education and Safety

It is an expectation at the middle level that students are changing clothes for Phys Ed classes for comfort, ease of movement and hygiene. Most importantly, students **must** wear sneakers in the gym for their own and others’ safety. Arriving to Phys Ed class without sneakers, like arriving to a Math class without a pencil, is a lack of readiness to do the work that is the learning in that subject area. As a part of the FALCON Code, students should be demonstrating Accountability by arriving to all classes prepared; in Phys Ed class, that means change of clothes, including sneakers.

## Healthy Choices for the new year

For some, the arrival of the new year means renewal of healthy choices and related goal setting. Health classes over the next few weeks will be revisiting healthy choices related to Canada’s Food Guide and connect that will our school’s Wellness grant goal of increasing the number of fruits and veggies we consume each day. This is a great goal to do as a family!

How about a resolution to improve your mental fitness? Mental fitness (positive mental health) is the capacity to feel, think and act in ways that enhance our ability to enjoy life and deal with the challenges we face. Every one of us has the need to: be recognized for our strengths and good qualities (competency), feel that we belong (relatedness) and make choices (autonomy). (Deci and Ryan, 2007). In addition to our strategies for healthy eating, we will be looking at strategies to encourage students to develop mental fitness.

## Citrus Sale

Supporting FMS grade 8 educational trip to Quebec



Oranges!  
Tangelos!  
Grapefruit!

\$50 for a 40 lb. case

\$30 for a ½ case

For more information or to place an order:

Email [fmscitrus@gmail.com](mailto:fmscitrus@gmail.com) or

Find FMS-Citrus on Facebook or

Contact a participating member of the grade 8 class

Or phone 276-4638

Orders due by January 23. Fruit arrives February 13.

## Yard Sale!

Where: Florenceville Middle School Gym

When: Saturday, January 24<sup>th</sup> |

8:00 AM – 1:00 PM

\*\*\*All proceeds to go toward Grade 8 educational trip to Quebec in June\*\*\*

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**Donations of items  
appreciated as well!**

Want to help out? Donate your used items! You can drop them off at the Florenceville Middle School Gym between 3 – 7 PM on Friday, January 23.