

Florenceville Middle School January 2016 Newsletter

Check out our new logo!!
Thanks to Jeff Rector for sharing
his creative talents!



School Vision - "All students will be given the opportunity and support to become responsible citizens."

School Mission – "The mission of FMS is to develop students who are intellectually, technologically, physically and socially ready for their place in the 21st century world."

Welcome 2016!

As we re-start and remind students of the importance of routines and procedures, we would also ask your attention to the following reminders of school procedures and policies:

Contact Information

If your contact information has changed, including home phone, work phone, cell phone, email address and/or mailing address, please be sure to have your child bring that information to **Jane** in the main office so that we may update our records. She can then pass on these updates to the teachers. It is important for your child's well-being that we have a current number by which to contact you at all times.

Custody Information

By law, schools are required to provide, on request from non-custodial parents, information about a student's education, except when a court order prohibiting access of a parent to a child exists. If there is a current, valid court order prohibiting access to this child, the responsibility rests with the custodial parent to provide the school with a copy of this document. Please send in a copy of such a form if it exists or call Jane at the office to make other arrangements for our having a copy on file.

Nonsense Behaviours

In the fall, there were a number of incidents of property damage in common areas, particularly in the washrooms. We have awesome students at FMS and generally, they are well behaved. However, several of these incidents of nonsense behaviour were more frequent and troubling than what we typically see. Although we often use mistakes as teachable moments, the intentionality of many of these incidents cannot be simply labelled "mistakes" or "kids being kids". Those involved had to work very hard to be destructive in some cases; for example, most recently, we had to replace a toilet. We will continue to work with your children on character traits, including honesty and integrity, as well as those featured in our FALCONS code. We appreciate your spending some time at home reinforcing with these concepts as well as that of respect for property and common space so that we can bring this nonsense to an end.

Physical Education and Safety

It is an expectation at the middle level that students are changing clothes for Phys Ed classes for comfort, ease of movement and hygiene. Most importantly, students **must** wear sneakers in the gym for their own and others' safety. As a part of the FALCONS Code, students should be demonstrating Accountability by arriving to all classes prepared; in Phys Ed class, that means change of clothes, including sneakers.

School Clothing Update

We will be placing another school clothing order this month. All orders received after the December 4th deadline up until **Friday, January 15th at 9:00 am** will be included in this order. Please print off an order form from the website or your child can pick up an order envelope in the office. We *may* place an additional order later this spring, but that will depend on interest and order volume. So if your child wishes to have some FMS swag featuring our new logo, you should order this time around. We hope product will be delivered by January 29th.

Healthy Choices for the New Year

This month, here are some tools for helping your child develop healthy relationships.

Basic respect is foundational to any good relationship. Respect means treating ourselves and others with consideration, dignity and caring how they feel. In a healthy relationship people feel safe to make their own choices and their views are valued. Trust, honesty and happiness are fostered and there is no control or abuse. By fostering self-respect in children, parents impart the following values and skills children require to express respect to others.

Value/ Skill	How to Foster
Understanding and Empathy	Can be modelled by striving to understand a child's point of view
Empathic Listening	Can be modeled by hearing and considering a child's ideas or problems.
Anger Management	Manage your own anger and assist them with skills such as counting to ten or taking deep breaths to help them calm down.
Conflict Resolution	Model ways to have a difference of opinion with someone that is respectful, and how to accept 'NO' for an answer
Problem Solving and Decision-Making	Help a young person to develop their own capacities and solve their own problems
Honesty	Encourage honesty in your children by being honest with yourself and true to your own feelings.
Assertiveness	Stand up for yourself and say 'no' without being aggressive, you will also show your child how to stick up for themselves while still respecting others.

Adapted from Respectful Relations-Kids Helpline

<http://www.kidshelp.com.au/grownups/news-research/hot-topics/respectful-relationships.php#sthash.Q8ftl6xv.dpuf>

January 2016

28th: Trip Deposit due (\$100)

29th: Rally Day

29th: 3:00 we will begin accepting donations for the Yard sale

30th: Yard sale fundraiser for Grade 8 Trip to Quebec

February 2016

2nd: PSSC meeting at 7:00 pm.

You are welcome to attend any PSSC meeting as an observer.

9th: Blood Donor Clinic

25th: Trip Deposit Due (\$150)

27th: Concert/Dessert Auction in support of Grade 8 Trip

March Break is March 7 - 11, 2016.

FUNDRAISING

YARD SALE

@ FLORENCEVILLE MIDDLE SCHOOL

SATURDAY • JANUARY 30

ITEMS CAN BE DROPPED OFF STARTING AT 3:00PM FRIDAY, JANUARY 29th.

ALL PROCEEDS GO TOWARDS THE GRADE 8 YEAR END TRIP TO QUEBEC CITY

ANY QUESTIONS PLEASE EMAIL
loripiper77@gmail.com

As you clean up from the holidays, don't forget two ways to support FMS and Bath students travelling to Quebec City this year!

There is an account at the redemption centre in Bath called "FMS Quebec Trip". All returnables donated before March will be used to reduce the overall cost of the trip.

You may also support travelers by purchasing one of the \$20 Pizza Delight Take-Out Deal Coupons!



Thanks in advance for all your support! ☺