Harvey High School To Wisdom We Climb

Grade 10 HOME LEARNING PLAN

TEACHER	Email	Homeroom	Grade/subjects taught
Mr. Woodworth	Kyle.Woodworth@nbed.nb.ca		Math 10E GMF
Mr. D. Fletcher	Don.Fletcher@nbed.nb.ca		Math 10FI NRF
Mrs. Miller	Andrea.miller@nbed.nb.ca		10 FI PE
Mr. White	David.white@nbed.nb.ca		10 Fl Cul Tech
Mrs. Dufresne	Pamela.Linton- Dufresne@nbed.nb.ca	10A	English 10
Mrs. Henry	ara.henry@nbed.nb.ca	12AB	112/3 History, 10E BBT, 9E Social Studies, Law 120
Mrs. Arsenault	catherine.arsenault@nbed.nb.ca		10FI science
Ms. Crawford	Catherine.crawford@nbed.nb.ca		
Mme. Noble	Tina.noble@nbed.nb.ca		VP
Ms. Parra	Julia.parra@nbed.nb.ca		Resource
Mrs. Drummond	Cynthia.drummond@nbed.nb.ca		MS Resource
Ms. Collicott	Crysta.collicott@nbed.nb.ca		Principal
School Email	harveyhigh@nbed.nb.ca		

WEEKLY PLAN – May 18-22			
Subject			
Literacy	 Read daily – discuss your reading with someone in the house or email me. Online Resources: https://ca.ixl.com/ - work on grammar Writing/Representing: Create a Visual Representation Draw, paint or use technology to capture an important moment or person in your life. How will you use colour (or not)? Will you use different textures? Will you fill the space (or not)? Write a paragraph explaining why you chose the moment or person in your life. 		

New Brunswick Public Libraries offer many learning experiences and free access to downloadable ebooks. To access this site, you will need your library card number. If you don't have one, get one online https://www2.gnb.ca/content/gnb/en/departments/nbpl.html

FILA: Students interested in optional activities in French should contact Mr. White (<u>david.white@nbed.nb.ca</u>) or check out the Teams site on Office 365.

Also, any student interested in the University of Moncton Online Summer French Program please check the Teams site or email Mr. White. The deadline to apply is Sunday May 24th.

Numeracy

Math 10FI NRF

Please see summary on Mr. D. Fletcher's page on the HHS website. Click here for link

Math 10 GMF

Please see Mr. Woodworth's teacher page on the HHS website for a list of learning opportunities for this week. <u>Click here</u> to go to the website.

Online Resources:

Khan Academy offers math instruction for all levels of learners, organized by both subject and grade. https://www.aaamath.com/

https://ca.ixl.com/

https://ttrockstars.com/

Science

10FI

Go to Mrs. Arsenault's teacher page for information on reducing energy consumption. Please email me if you have any questions or ideas you would like to share.

Mrs. Arsenault's Teacher Page - https://secure1.nbed.nb.ca/sites/ASD-

W/harveyhighschool/Teachers/pages/category.aspx?CategoryId=19&Name=Mrs.+Arsenault

10E

Please go to Mr. Woodworth's teacher page on the HHS website for a list of learning resources for this week. <u>Click here</u> to go to the website.

Online Resources:

Explore the Earth from Home is a collection of resources to explore weather, climate, air quality, and other earth science topics. https://scied.ucar.edu/help-k-12-students-learn-about-earth-home

Social Studies

http://canadasports150.ca/en/five-sports-invented-in-canada/mini-documentary-five-sports-invented-in-canada/151

The 5 Canadian invented sports featured in the video are based on competition today. How do the original valued of each sport (explained in the video) still continue in each sport today

Explore one of the 5 Canadian invented sports in more detail (by following the links above the video)

How did the sport start?

How has the sport evolved since its beginnings?

Online Resources:

Newsela provides students with thousands of texts on topics they care about most. https://newsela.com/

Life Skills

Money Matters Part 3 – Other expenses

Now you have investigated how much it costs to eat, and the costs of housing when you are on your own. One last factor you need to consider is "Other expenses". Talk to your parents, older siblings, aunts and uncles, grandparents, anyone you know who has already lived on their own. Ask them what other bills and expenses they have/had. Make a list of all the other expenses (utilities, internet, cell phone, taxes etc.) and if they are comfortable sharing with you, ask them approximately how much they spend a month on each bill.

Once you have compiled the list, think about whether your bills would be the same as theirs, or more, or less. Pick an approximate price for each bill and add them together. Then add on your housing and food costs for the month. How much money will you need to live for one month on your own?

Does this number surprise you? Are they reasonable? Do you think you will be able to make enough money to support yourself?

Keep in mind that different people will be in different situations when they first move out on their own. Some will be in college or university. Some will go directly into the workforce. Some may begin an apprenticeship. Your ability to work may be affected by these factors. A lot of students who go away to school need to work beforehand to save the money to support themselves before they start school. If this is your case, how much money will you need to save before your first year of college or university?

Phys. Ed.

It is recommended that you get 30 minutes of physical activity each day.

This week try to do a different activity every day. This is a sample plan that you can follow or modify if you would like. You can change the order, or substitute activities you prefer, just try to get your 30 minutes of activity in each day.

Monday – Cardio – Do an online exercise video, or play "Just Dance" (even just the YouTube version).

Tuesday – Strength – Do a circuit of crunches, push ups, burpees, planks and squats. **Wednesday** – Skills – practice dribbling a basketball, shooting a soccer ball at a target or hitting a baseball.

Thursday – Flexibility – Do some yoga or tai chi. Give Pilates a try if you have never tried it. Do an online class or practice some of the movements you already know. **Friday** – Cardio and agility – Do a circuit of sprints, T-drills, jogging, pogo jumps (back and forth over a line two footed) and shuttle runs (sprinting back and forth, changing direction).

Offline activities

https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/QuickStart_OfflineActivities_High.pdf

Online resources

https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/QuickStart_OnlineResources_High.pdf