

# Cafeteria: Harvey High School

School year 2017/2018

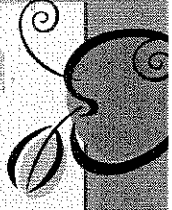
MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

WEEK 1	WEEK 2	WEEK 3	WEEK 4
Sept 4th-8th Oct 2nd-6 Oct 30th-Nov 3rd Nov 27-Dec 1st Jan 22nd-26 Feb 19th-23rd March 19th-23rd April 16th-20th May 14th-18th June 11th-15th	Sept 11th-15th Oct 9th-13th Nov 6th-10th Dec 4th-8th Jan 29th -Feb 2nd Feb 26th-March 2nd March 26th-30th April 23rd-27th May 21st-25th June 18th-22nd	Sept 18th-22nd Oct 16th-20th Nov 13th-17th Dec 11th-15th Jan 8th-12th Feb 5th-9th April 2nd-5th April 30th -May 4th May 28th - June 1st	Sept 25th-29th Oct 23rd-27th Nov 20th-24th Dec 18th-22nd Jan 15th-19th Feb 12th-16th March 12th-16th April 9th-13th May 7th-11th June 4th-8th
<b>Shepherd's Pie</b>  Vegetables	<b>Grilled Cheese</b>  Raw Vegetables Hummus	<b>Chicken Nuggets</b>  Rice Salad	<b>Hot Hamburg</b>  Vegetables
<b>Pizza</b> Raw Vegetables or Salad	<b>Meatballs with Rice</b>  Vegetables	<b>Taco Wrap</b>  Hash Brown Raw Vegetables	<b>Souvlaki Chicken</b>  Rice Vegetables
<b>French Toast</b>  Fresh Fruits Cheese	<b>Turkey Mashed Potatoes</b>  Vegetables	<b>Macaroni and Cheese</b>  Chicken Broccoli Salad	<b>Oven Ham</b>  Mashed Potatoes Vegetables
<b>Chicken Burger</b>  Hash brown Vegetables	<b>Chicken Fajitas</b>  Hash Brown Vegetables	<b>1/4 BBQ Chicken or 2 Drumsticks</b>  Mashed Potatoes Vegetables	<b>Chef's Surprise</b>  Vegetables
<b>Lasagna</b> Garlic Fingers  Salad	<b>Spaghetti</b> Garlic Fingers  Salad	<b>Hamburger or Cheeseburger</b>  Salad	<b>Submarine Sandwich</b>  Salad

**2 Toast: \$1.25 Bagel : \$1.25 Breakfast Sandwich: \$3.25 Pizza Slice: \$3  
 Hamburger : \$3.25 Cheeseburger : \$3.50 Sub: \$4.50 Wrap : \$4.50 Salad Bar: \$4.00**

**Price: \$5.00 Regular/ \$7.00 Larger Portion**

FOOD SERVICES PROVIDES BY  
 RESTO LA BONNE ASSIETTE 1844-854-MEAL



## Healthy desserts

Served every day:

- Yogurt
- Fresh Fruits

Served twice a week :

- Muffins
- Homemade Cookies
- Pudding

## Daily options

Served every day  
 (Please order before 10 am at your cafeteria)

- Pizza (Ham 50% less sodium)
- Chicken Caesar Salad
- Chicken/Wrap
- Hamburger
- Spaghetti (meat sauce)
- \*\*Served with mashed potatoes or soup and raw vegetables\*\*

## Snacks and Beverages

Offered Every Day

- 100% Pure Juice \$1.00
- Bottle of Water \$1.00
- Yogurt \$0.50
- White Milk \$0.50
- Chocolate Milk \$0.55
- Fresh Fruit \$0.50
- Raw Veggie \$0.50
- Cheese Swirl \$1.00
- Home Made Cookies \$0.75
- Home Made Muffins \$0.75
- 1/2 Bagel \$0.75