

Menu Options and Dates for Oromocto Schools (Wednesday Only & Monthly)

September:

12th, *Nibbler Plate; Ham Slices, Cheddar Cheese Cubes, Raw Veggies, Fresh Fruit, Naan, Hummus or Ranch*

19th, *WW House Roasted Chicken Ranch Wrap (includes, lettuce, shredded cheddar cheese, and a drizzle of ranch) Raw Veggie Sticks, Fresh Fruit, and our Healthier Chocolate Chip Cookie*

26th, *WW Soft LG Beef & Cheddar Cheese Taco, Confetti Rice, Corn and Fresh Fruit*

October:

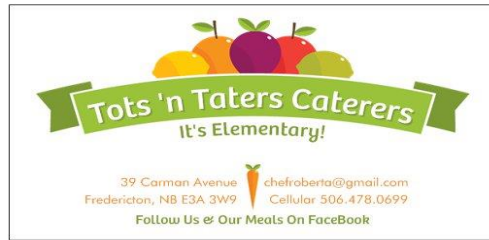
3rd, *LG Loaded Beef Chili, Grated Cheddar Cheese, WW Roll, and Fresh Fruit*

10th, *House Lasagna, Green Salad, WW Roll, and Fresh Fruit*

17th, *Turkey & Spinach Meatballs with Marinara Sauce, Pasta and Fresh Fruit*

24th, *WW House Roasted Chicken Ranch Wrap (includes, lettuce, shredded cheddar cheese, and a drizzle of ranch) Vegetable, and Fresh Fruit*

31st, *Spook-Tacular Meatballs, Rice, Vegetable, Fresh Fruit & a Pumpkin Spice Cookie*



November:

7th, *Baked Mac & Cheese, Vegetable, Fresh Fruit, and an Oatmeal Raisin Cookie*

14th, *Tex-Mex Baked Potato (topped with Taco Beef) Choice of Salsa, LF Sour Cream, or Cheddar Cheese, Fresh Fruit*

21st, *Roasted Chicken Thigh, House Potato Wedges, WW Roll, and Fresh Fruit*

28th, *Pork Souvlaki, Greek Rice, Vegetable, Fresh Fruit, WW Roll*

December:

5th, *WW House Roasted Chicken Ranch Wrap (includes, lettuce, shredded cheddar cheese, and a drizzle of ranch) Vegetable, and Fresh Fruit*

12th, *WW Soft LG Beef & Cheddar Cheese Taco, Confetti Rice, Corn, Fresh Fruit and a Gingerbread Cookie*

No additional Service for the last week of school, hot lunch returns, January 9th, 2019.

L.G. = Lean Ground

WW = Whole Wheat

Loaded= Veggie Enriched

LF= Low Fat