

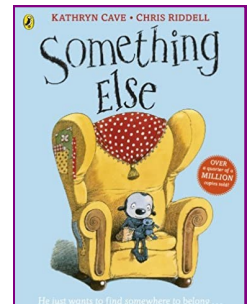
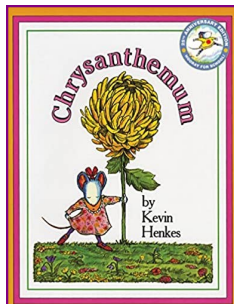
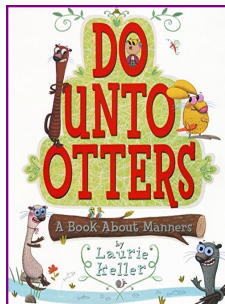
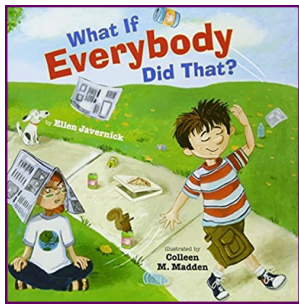
Guidance Program at MCS

March Newsletter

The focus for **February** will be on **Respect**. Respect is *seeing the good in people and things (and treating them with care)*.

Parents: Here are a few good resources for supporting and exploring this topic at home with your children:

***Read Alouds for Children on Respect.** These can be borrowed from the guidance office or purchased from Amazon.ca



Unplug and Plug In

Agree as a family to set aside a certain time frame each day this week to unplug from devices and plug into family time. It shows Respect, for example, to not bring those phones to the dinner table. How does it feel to experience proximity and practice our manners face-to-face? When else can you unplug to show Respect?



During March, the guidance counsellors will continue to support the whole school guidance initiatives (Link Program, Secret Reader, and Character Strong). The guidance team will work to support teachers with co-planning and co-teaching around general guidance curriculum outcomes. Finally, we will continue to see students for individual, short term, solution-focused counselling (as it is needed). If you have any questions about the guidance program at MCS, please feel free to contact us at the school 506-325-4434.

Kind Regards,

Krista Webb-Scheers and Dave Mahar



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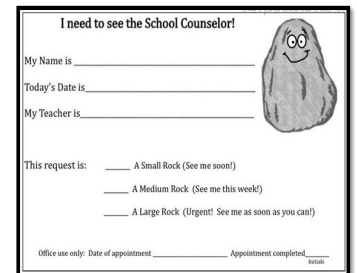
200 SCHOOL ST, WOODSTOCK NB E7M 0G7

PHONE: (506) 325-4434 FAX: (506) 325-2256

How Can Students Access the Guidance Counsellors?

Your child can get in contact with the guidance counsellor at the school in a number of ways:

1. Your child can fill out and pass in a self-referral form using one of the ROCK BOXES found in each of the grade 3-8 wing PODs. These forms are in the front slot of each of the rock boxes. The guidance counsellors checks the box daily and sees students accordingly.
2. Your child can **ask their teacher** to help them get in touch with the guidance counsellors and they will email/speak with the guidance to help set up an appointment.
3. Your child can **ask you –the parent–** to call or email the guidance counsellors and share that they would like to set up an appointment to speak with them.



I need to see the School Counselor!

My Name is _____

Today's Date is _____

My Teacher is _____

This request is: _____ A Small Rock (See me soon!)
_____ A Medium Rock (See me this week!)
_____ A Large Rock (Urgent! See me as soon as you can!)

Office use only: Date of appointment _____ Appointment completed _____



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