**PDCP Grade 10**

**Fall 2016**

**Room 205**

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**Course Overview**

Personal Development and Career Planning (PCDP) is about gaining the knowledge, skills and attitudes to be successful in the life/work process. You are already making choices every day that will ultimately influence your future. The goal of PDCP is to promote positive self-image, identify your values, and to develop strategies to help manage physical, emotional, intellectual, and social changes.

To be successful in this course you must be involved. This means actively participating in class discussion, completing all assignments, and being respectful of your classmates’ thoughts and ideas.

**Course Outcomes**

1. Students will develop a positive self-concept and the skills necessary to interact effectively with others.
2. Students will acquire the knowledge and skills required to make healthy choices related to sexual health.
3. Students will locate, evaluate and effectively use life/work information.
4. Students will engage in the life/work building process.

**Materials Needed**

* Notebook/Binder
* Pen/Pencil

**Assessment**

Each student will be marked on the following criteria:

* Assignments, Projects – 55%
* Class Participation – 15%
* Final Exam – 30%

***“There is no greater journey than the one you must take to discover all of the mysteries that lie within you.”***

Michelle Sandlin