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Principal: Larry Graham  
Vice Principal: Michelle Fox

Webpage: [nes.nbed.nb.ca](http://nes.nbed.nb.ca)  
Facebook: "NES: Keeping You In The Loop" Page

## September Newsletter

Sept. 17	School Picture Day
Sept. 18	Rebecca Schofield Kindness Day
Sept. 27	Orders due for meal program with delivery beginning Sept. 29
Sept. 24	September Birthday Cupcakes
Sept. 29	PSSC Meeting/Election at 6:00 pm (virtual)
Sept. 30	Truth and Reconciliation Day Observed
Oct. 1	Gr. 5 Student Council Election
Oct. 1	Terry Fox Run 1:10pm

### Welcome Back

We are very happy to be back at school and we want to welcome our new kindergarten students as well as those who have recently moved to our area and hope you are adjusting to your new environment. We also are excited to have our former students back with us and with all the changes we hope you are adjusting to your new school procedures as well. Here is a list of our staff line up this year:

Kindergarten- Mrs. Cernviz and Mrs. Stone  
Gr. 1: Mrs. Morehouse and Mlle Fournier  
Grade 2: Miss Coulter and Mme Thomas  
Gr 3: Ms Michaud and Mme Rogers  
Gr 4: Mrs. MacFarlane and Mme Agrell  
Gr. 5: Mlle Jackman, and Mme Fox  
Gym- Mr. Dunn  
EAs: Mrs. Richardson, Mrs. Alward, Miss Forbes, Mr. Wilson  
Admin. Assistant: Mrs. Marr  
Librarian Assistant: Mrs. Nason  
Custodians: Mrs. Connor, Mrs. Barrett and Mrs. Whittaker  
Guidance: Mr. Powell  
Resource: Mrs. Priest  
Admin: Mrs. Fox (VP), Mr. Graham (Principal)

We urge you to take the time from your busy schedule to become familiar with our school handbook and operational plan all on our website, as well as create a supportive home environment that will allow your children to excel. Thank you for your commitment to your child's education. Since we are unable to have our typical Meet the Staff Night, this year we will have a virtual link added to the webpage soon where you will have a chance to meet each one by watching their short YouTube video message.

### Safe Arrival

We follow a safe arrival program where guardians are asked to contact the office to let us know if your child is absent before 9:00 am. Students whose parents have not called will receive a call from our system. A written excuse is required for absences. After 10 absences the principal will be in touch with a letter. Please try to book family trips during student breaks. The more time missed the further behind your child will get in their studies.

### School Website Facebook Group and Twitter

Please take time to check out the school website at: [www.nes.nb.ca](http://www.nes.nb.ca). There is lots of important information that is updated regularly for your information. Many school forms and documents are located there. Join us on *Facebook* under "*NES Keeping You in the Loop*" for all the latest info on events and activities taking part at our school. Check us out on Twitter @Nackawic\_NES

### Truth and Reconciliation Day

On September 30th NES will be recognizing Truth and Reconciliation Day at school, a day we encourage all students and staff to wear an orange shirt as we take time to have age-appropriate, meaningful conversation about the effects of Residential Schools. All Canadians can work together to create bridges with each other for reconciliation and reaffirm that all affected truly matter. Every Child Matters, then and now. We encourage you to join us as we commemorate residential school survivors and remember the children who did not survive. Students may wear any orange shirt on this day to support the cause.

Terry Fox Run

Each year students at NES and their families do such a wonderful job of honoring the lives and the memories of those who battle or have battled cancer by raising funds and supporting the Terry Fox Run. The students at Nackawic Elementary will take part in a school wide walk on Friday, October 1 at 1:10. Students will be walking off the school grounds and, on the sidewalk, encircling the town and returning to the school. This event is for the students and staff of NES only due to Covid protocols. The permission slip issued for walking trips will cover this experience. We are asking that each student contribute a toonie to the cause. Donations of \$10.00 or more will receive a receipt. "If you've given a dollar, you are part of the *Marathon of Hope.*" ~ Terry Fox

Meal Program

A weekly menu will be sent home for you to use as you plan your child's lunches. All choices are healthy choices that follow the Food Policy for Schools. The meal will be \$5.50 not including milk. Milk is 50 cents extra (chocolate or white. Menus will be available on the website. All orders are due on Monday for the week. We prefer to accept orders online through School Cash Net where possible. These orders are due Sunday night. If you need extra order forms check the box on bottom of the menu form. This service will begin on Sept. 29. Please note: no late orders will be accepted. Parents are reminded to send spoons or forks as needed for student lunches from home.

Volunteers

We love our volunteers but we are unable to have volunteers in schools this year unless fully vaccinated with a criminal record check and Policy 701. Even with these considerations, volunteers will only be enlisted as needed. If anything should change, we will keep you informed.

PSSC

The Parent School Support Committee is an elected group of parents, a teacher and the principal who meet every other month to discuss school policies and school improvement. This year our meetings will be online. If you are interested in being a part of this committee, please reach out to the school to let us know.

No Child Without.

Medic Alert's No Child Without Program is available at our School. The *No Child Without* program offers a free Medic Alert membership to students who attend our school and are between the ages of 4 up to their 14<sup>th</sup> birthday. If your child has a medical condition, allergy or is required to take medication on a regular basis then you should consider a Medic Alert membership through this program. Medic Alert membership;

- Gives emergency first responders immediate access to your child's medical information on their Medic Alert bracelet
- Enables first responders to quickly obtain up to date medical information by means of the child's Electronic Health Record through the 24 Hour Emergency Hotline.
- Communicates with the parent or emergency contact upon activation of the Hotline
- Allows free updates of the child's medical record as needed

Medic Alert identification can alert school staff, friends, coaches and others about your child's medical condition should an emergency occur. For further information visit [www.nochildwithout.ca](http://www.nochildwithout.ca).

Allergies

This year we have children with nut allergies and therefore students may NOT have peanut butter and nut products in their lunches. Wow butter is allowed and is a good substitute but must be labelled. Any products coming to school with nuts or say "may contain nuts" will be returned home.

September Birthdays

Happy birthday this month to Isabella Harvey, Julia Agrell, Jase Pugh, Sophia Thurrott, Oscar Price, Claire Dixon, Landon Bernard, Xander Hatheway, Ellie Blakemore, Willem Elsingerhorst, Esther Ingram, Olivia Brewer, Landon Brewer, Milan Connor, Eli Nicholson, Hailie Konkei-Welch, Mlle Fournier, and Mr. Wilson. We will hold a monthly birthday celebration on September 24 where each person will receive a piece of birthday cupcake compliments of Cal's Independent Grocer.

**Cross Country Run**

NES will have a cross country team for grades 3, 4, and 5 this year. Students will have an opportunity to run during PE classes as apart of our fitness unit. This unit will begin the last week of September, during the final week of our fitness unit. Students interested in competing against other schools will have a timed race at school within their grade level. Their times will be compared to other schools within our district, with the top 5 places receiving ribbons. Our hope is that parents will also encourage and support their child in their training at home as well. Grade 3 students will run 1 km, grade 4 will run 1.5 km and grade 5 will run 2 Km. School races will be completed by October 15 and with the top students receiving ribbons by October 18.

**Lice**

A reminder that lice can be passed on person to person. We ask that you check your child at home and let the school know if anything is found. Please educate your child by telling them that lice is very contagious and spread through head-to-head contact and sharing of personal items such as combs and hats. We can all work together to minimize cases at our school. Our policy is to contact home if nits or lice are found so that a parent can pick up their child and treat them. Children treated who have nits or lice can return the next day and we will check them again upon arrival.

**School Cash Online**

Our school is ready to roll to use School Cash Online for the new year. You can pay for school fees, meal program, yearbooks and school packs this way throughout the year. It is safe, quick and easy. This increases efficiency and security by allowing you to make payments directly into our school account by credit card or debit. You can register at [district.schoolcashionline.com](http://district.schoolcashionline.com) or visiting our school website and navigate to the School Cash Online page. You will need your child's name and date of birth to register. Should you encounter any difficulties you can use the help desk at 1-866-961-1803.

**Leader of the Day**

We will select a Mindful Leader of the Day and post their picture on our display in the main lobby. Students will be selected by staff members in recognition of mindful leadership in academics, extra-curricular or outstanding behavior. A letter will be sent home with students selected.

**School Code of Conduct**

All students at NES who were here last year have had lessons on Zones of Regulation. This program teaches students about self-regulation, which is also known as self-control, self-management, and impulse control. The lessons are designed to help the students recognize when they are in the different zones as well as learn how to use strategies to change or stay in the zone they are in. This will be a tool that we will use and teach to our new students again this year. We also will continue with our 7 Habits focus. These habits are our school code of conduct and we refer to them regularly. They include: be proactive, begin with the end in mind, put first things first, think win win, seek first to understand and then to be understood, synergize, and sharpen the saw. If you have any questions or would like more information, please let us know.

**NES Healthy Minds**

Welcome back to school! We are still accepting donations to keep our minds healthy at school. We spend our donations on breakfast food, snacks, and playground toys to play with at outdoor recess times. Donations can be made to Mrs. Priest as she looks after buying the supplies. We are limiting the number of visitors to the school so please call ahead this year and let our admin. assistant, Mrs. Marr, know you are coming to donate to our Healthy Minds account to the attention of Mrs. Priest. Breakfast Program will be in full swing starting in October. Breakfast items will be delivered to classrooms each morning by Mrs. Priest. "Thank you" goes out to our first and only donor so far this year, UNIFOR LOCAL 219. If you have any questions about our "Healthy Minds Program" or are interested in donating, please call Mrs. Priest at 575-6000.

**Covid 19**

Hopefully you have had a chance to read our handbook regarding this year's protocols. This is available on our website. Any student who has two symptoms from the screening page will need to go home and parents will be required to contact 811 for direction. Please keep our school informed of the direction public health has given you. Students will wear masks in common areas and on busses this year.

Busses

Students are allowed 2 drop off locations unless parents live apart. This should be indicated on the student information form that went home.

Students will not be permitted to be dropped off at a friend's home for sleep overs etc. Bus notes are required if a child is going to their alternate stop, and we need to know schedules for children going to two different permanent stops. If your child does not return home on time as planned, please call the school. Please allow 15 minutes after expected arrival time in the afternoons before calling the school looking for students who have not yet arrived – this allows for time delays such as: spare drivers new to a route, breakdowns that may occur on the road to get communicated, delays as a result of the driver dealing with behavior issues, students dawdling on the way home from the stop, etc. If a student is more than 15 minutes late getting home, then please call.

And as always, we ask that parents be visible at afternoon bus stops. Drivers will not let students out if they do not see an adult at the home and they will be returned to the school for the parent to pick up. Also, students have been made aware of bus expectations as well as consequences for student misbehavior on school buses. Drivers will contact the parent regarding misbehavior and a bus suspension can be issued for serious offences. Please review bus rules with your child so their ride will run smoothly. Example bus note:

*Name: Charlie Sheen Grade: 5J*

*Please send Charlie to his alternate bus stop today,*

*Monday, September 20<sup>th</sup>*

*Civic Address: 1234 Rte 106 Hartfield, NB (Grammy's house -Sheila Munroe)*

*Thank you,*

*Victor Sheen*

Walkers

K-2 walkers will be taken to the sidewalk in front of the school between 1:50 pm and 2:00 pm. A parent or guardian must be present to receive them. The 3-5 walkers are dismissed between 2:40 pm and 2:50 pm to the sidewalk. The same rule applies to these students to have someone to pick them up or if they are walking home on their own and someone is at home, permission must be granted. A permission form has gone home to all walkers that is required to be filled out so we have up to date information on who will be picking your child up at dismissal or if in grade 3-5 they will be walking home on their own.

School Picture Day

Harvey Studios will be at NES on September 17 to take school photos. These photos are available to parents to purchase however, there is no obligation. The school uses these photos for identification purposes on cumulative records and rolodex cards. They may also be used on Emergency Medical documents, Leader of the Day, class composite and in the school yearbook or newsletter. Please be advised that the photographer is obligated to sign an agreement stating that pictures taken at the school will not be used for any other purpose than those stated above. A permission slip has also been sent home for staff or volunteer designates to take photos for our school yearbook, newsletters, and school promotion items for newspapers or slideshows. We will ask for your signature of approval before proceeding. Retakes will be available if pictures do not turn out the way you would like.

Student Council

Students in grade 3-5 will have an opportunity to take on a leadership position by running in a class election. We will have a council made up of two students from each class. Nomination forms are due on September 20<sup>th</sup> and class elections will be on the 24<sup>th</sup> with a school virtual election on October 1<sup>st</sup>. Information will be sent home to those interested.

Becca Schofield Day

On September 17<sup>th</sup> we will be recognizing Becca Schofield Day; a day we take the extra time to discuss acts of kindness and how that can spread throughout our school. Classes will be discussing the origins of #BeccaToldMeTo and how with terminal cancer, fought through her illness and started a movement for good. Becca asked people to perform Acts of Kindness and share their good deeds with the hashtag #BeccaToldMeTo.

Soccer

NES will have a Co-Ed after school soccer league on Mondays starting September 20 and ending on a Monday October 25. No games on October 11 (Thanksgiving). Focus will be on game play and will run from 3-4pm. Students can be picked up at the back of the school. Sign up forms will go home in coming days. We will be running 3-5 and K-2 basketball in November. More information to follow.