

# October



# Newsletter



## Upcoming Events

**Oct. 7—Belonging Bash,  
school wide activity**

**Oct. 19—Falls Festival**

**Oct. 26—SV Haunted Hallway**

**Oct. 27—Halloween Dance**

**Oct. 28—Assembly**



**PAMS students and staff would like to send a huge Thank You to APD for their generous donation of potatoes for our Fall Dinner. Along with the continuous support of Canadian Feed the Children, all students had the chance to enjoy ham, mashed potatoes, veggies, milk and dessert for free.**



## Picture Day Oct. 24



PAMS is off to a good start with our sports this year. Our basketball coach, Jon Brain with the help of Dyson Everett is doing skills and drills 4 days a week with a scrimmage day on Fridays.

We have our very first co-ed soccer team this year, that is coached by Dyson Everett and Amber Girvan.

Good Luck to all!!

Grade 7/8 Immunization Clinic will take place on Oct. 14 for HPV and Tdap.

**HPV** (protection against Human Papilloma-virus) in two doses, six months apart.

**Tdap** (protection against whooping cough, diphtheria and tetanus) in one dose.

If you have any questions or concerns please contact Public Health at 506-325-4773 or email [UVImmunization@gnb.ca](mailto:UVImmunization@gnb.ca)



The Bears Den will be running a monthly book feature, and this month the book is Refugee by Alan Gratz. Listed as a Historical Fiction, this book is about 3 young people in 3 different decades, 3 different wars to escape from, but all with so many similarities. This is a great book for grades 6-8 and discusses some important issues faced by many young people all over the world. There are multiple copies here in the Bears Den, come check one out!

PAMS will be hosting the 1st book fair of the year from November 1st— November 6th. This will be an in-person event with a virtual link to order as well.

Mme. Dionne and Mrs. Shorey-Ruff have done an excellent job in getting the Bears Den set up and making it a wonderful space to work and hang out.



# CALLING ALL STUDENTS 12+

*Share your story*

THE SANDBOX PROJECT IN PARTNERSHIP WITH HEALTHY DEBATE ARE WORKING ON A PROJECT "IN THEIR OWN WORDS- REFLECTIONS BY YOUTH ON THE PANDEMIC"



Your submissions can be in any form including written pieces, visual art, music, video and/or audio



YOUTH WHO PARTICIPATE AND ARE SELECTED FOR THE SHOWCASE CAN RECEIVE A \$60 HONORARIUM ONCE THE PROJECT IS MADE LIVE



PAMS will continue to practice fire drills, secure the school and emergency medical drills to ensure all students and staff know how to react safely to these events.

School bus drivers will conduct emergency evacuation drills in the afternoon of Thursday, October 20, 2022 for bus students of AES, PAMS and SVHS. This will happen prior to leaving SVHS on the after-



## Halloween Pumpkin Contest

Adults, teens and kids, in fact all family members, let's put your artistic skills to the test! Get out your spider webs, goblins or any other creatures to carve or decorate a pumpkin in our school-wide contest for a chance to win some great prizes.

The contest runs from October 18-25. All pumpkins will be showcased during the Haunted Hallway and during the Halloween Dance. Winners will be announced on October 26th on our PAMS Facebook page.

**\*\*Please keep in mind pumpkins must be dropped off at school, they cannot travel on the bus. All pumpkins must be received by October 25th.**



PAMS clothing order forms have been attached to the newsletter. All orders need to be back by October 24th to ensure we have the clothing back for Christmas.

## What is all the talk about PBIS?

PBIS stands for Positive Behavioral Interventions and Supports.

It is a way for schools to encourage and practice good behavior. With PBIS, our school teaches students about behavior just as we teach other subjects like reading and math. Currently, we are teaching and promoting "belonging and connectedness". Each month, we will create and carry out lessons that emphasize **B**elonging, **E**mpathy, **A**chievement, **R**espect and **S**afety—**BEARS**. We teach strategies to carry out appropriate and acceptable behavior. Perth-Andover Middle School is proud to use the PBIS model.

## BULLYING VS CONFLICT

Next Week is *Safe Schools Week*, an annual event within our district which consists of five days each fall that are dedicated to helping the school community raise awareness of the importance of encouraging a safe and caring learning environment. We are planning activities around this theme and thought this information may be helpful:

BULLYING	PEER CONFLICT
<p><b>Repeated</b> The action of the bully is generally a repeated action, occurring time after time.</p>	<p>Peer conflicts differ from bullying situations in the following ways:</p>
<p><b>Intentional</b> The target does not knowingly provoke the bully and, as such, the bully is intentional with the behaviour/actions</p>	<ul style="list-style-type: none"> <li>The children involved are of equal power or are friends</li> <li>The conflict that occurs is occasional or often accidental</li> <li>There is an equal emotional reaction to the conflict in both children and power and control is not being sought</li> </ul>
<p><b>Power Imbalance</b> In bullying situations, there is a real or perceived power imbalance between the two parties. The imbalance can be physical strength, access to information or even popularity.</p>	<p>Peer conflict is a good thing for children to experience—helping them to learn how to resolve conflict, how to give and take, how to come to an agreement, and how to problem solve. Developing conflict resolution skills in children can teach them how to listen to and work with others.</p>

## RESPONDING TO BULLYING

Parental response to bullying takes two main forms: **support and report**. Supporting your child means maintaining open lines of communication, actively listening to their experiences, avoiding blame and empowering him/her. Informing your child's teacher or school of bullying incidents is also key. For more information on bullying, visit [StopBullying.gov](http://StopBullying.gov).

## Parents Survey:

Our school is strengthened by the commitment of family and community. In order to help us better reach your availability and your preferences, we would like you to answer the survey attached to this newsletter and return it before October 12th to school. All families who return the survey before this date will have the chance to be part of a draw to win a prize.