

Rapid POCT COVID-19 Screening

The rapid point-of-care test (POCT) kits for COVID-19 can be used at home.

POCT results reflect a person's status for that moment in time.

COVID-19 POCT is most reliable when completed regularly, preferably 2 or 3 times per week.

If you have symptoms of COVID-19, you should get a lab-based PCR test at an assessment centre, regardless of your rapid test result by going to gnb.ca/gettestedcovid19 or call 811.

YOUR TESTING KIT CONTAINS:



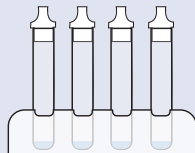
Nasal swab



Test tube



Buffer liquid



Tube stand



Test cartridge

YOU WILL NEED:

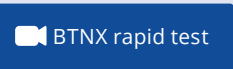
- A clean, level surface
- Hand sanitizer
- A timer or clock

BEFORE YOU START

- Bring all testing materials to room temperature (18-30°C) before use.
- Wash your hands
- Clean your work surface
- Open the contents of your testing kit
- Remove the test cartridge from the wrapper
- Write your name on the cartridge if testing more than one person

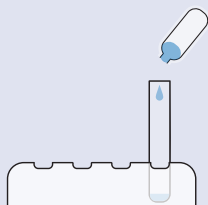


To view an instructional video visit gnb.ca/pointofcaretesting



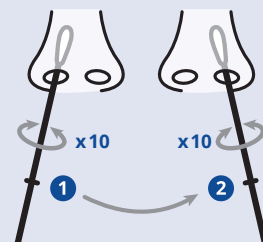
STEP 1

- Place the collection tube into the tube stand so it stands upright.
- Add entire contents of 1 single use testing buffer solution into the test tube.



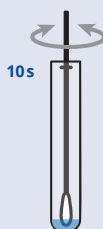
STEP 2

- Insert the swab into your nostril, approximately 2 cm.
- Rub and rotate the swab 10 times around and repeat for the other nostril using the same swab.



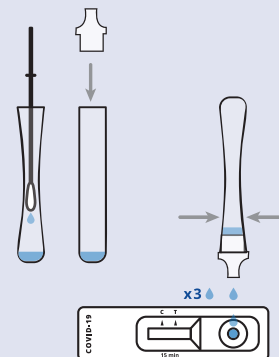
STEP 3

- Immerse swab tip into liquid in the test tube, swirling and stirring the swab for 10 seconds.
- Squeeze the swab 10-15 times by pinching the tube against the swab.
- Keep swab immersed in the liquid and let stand for 2 minutes in the tube stand.



STEP 4

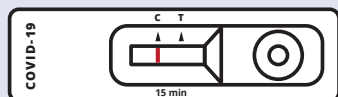
- Remove swab from test tube while squeezing out remaining liquid.
- Attach nozzle to the test tube and gently squeeze 3 drops into the round well of the test cartridge.



STEP 5

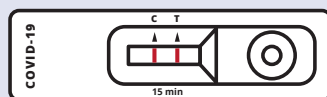
- Set a timer for 15 minutes. After 15 minutes, a coloured line will show in the result window.
- When finished, properly dispose of the testing supplies, sanitize your hands, and clean your testing space.

NEGATIVE RESULT



One line at the C mark, no line at the T mark. No reporting needed, continue with your testing schedule.

POSITIVE RESULT



Two lines: one at the C mark, one at the T mark. You must immediately self isolate. To arrange for confirmation testing, go to gnb.ca/gettestedcovid19 or call 811.

INVALID RESULT

If your test result does not match either the **NEGATIVE** or **POSITIVE** examples, the test may not have worked. Re-test until you receive a **positive or negative** test result.

If you receive a **POSITIVE** Point of Care Test (POCT) please isolate and book a PCR test online at gnb.ca/gettestedcovid19 or call 811.