

# Family Food Tradition Interview

Interviewer \_\_\_\_\_

Speaker \_\_\_\_\_

Recorder \_\_\_\_\_

Date \_\_\_\_\_

1. What are some special foods your family eats for holidays?
2. What food traditions does your family have for birthdays or other celebrations?
3. Does your family have any rituals, rules, or patterns for regular meals? What are they?
4. How are the foods your family eats different from the foods your friends' families eat?
5. What is your favorite family dish? Why?
6. Do any of your family's foods or traditions have family stories connected to them? What are they?
7. Are any of the foods linked to your family's cultural or ethnic heritage? Which ones?