

## Learning Opportunities - Grade 6-8 - May 4th-May 8th

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 2 hours each day.

Every day, students should be reading for 30 minutes and getting 30 minutes of physical activity.

Physical Education — The theme is "Let's move!!" Send a picture or video to michael.grant@nbed.nb.ca.		
Activity	Materials/resources	Instructions
FLOOR SQUAF	You will need sidewalk chalk or tape, 4 buckets or pails or something else that you can find, 4 players (use family members or someone from your bubble family) and a ball of some sort.	Here's a video on how to play:  https://www.youtube.com/watch?v=wjRW7nmDByg