




Learning Opportunities - Grade 6-8 - April 27th-May 1st

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 2 hours each day.

*Every day, students should be **reading** for 30 minutes and getting 30 minutes of **physical activity**.*

Physical Education – The theme is “Let’s move!!” Send a picture or video to michael.grant@nbed.nb.ca.

Activity	Materials/resources	Instructions
	<p>Here’s what you need:</p> <p>Get 10 paper plates (or something else that you can find, or chalk on your driveway) and write a number (0-9) on each.</p> <p>Level 0 https://youtu.be/i07OphRBsYA</p> <p>Level 1 https://youtu.be/B4ka4nd5OpU</p> <p>Level 2 https://youtu.be/x575I-EjB8g</p> <p>Level 3 https://youtu.be/zNSnsMsnKs8</p> <p>Level 4 https://youtu.be/prJtk75vT0</p> <p>Level 5 https://youtu.be/v6Wgn2Hy5bU</p>	<p>Here’s a video on how to play:</p> <p>https://youtu.be/rQB7NtO3v0o</p> <p>Then set them up like a phone's lock screen with walking space (about 2 feet) between each number. Then load up the Level 1 video (see below) and follow along with your screen. Your goal is to tap all four numbers and get back to 0 before it dings and moves to the next code.</p> <p>The only rule is to avoid stepping on numbers.</p> <p>Variations</p> <p>Put even more space between the numbers to make it more challenging</p> <p>Play with your friends (even via video chat). Just load up the video on another screen and hit Play at the same time.</p> <p>Put extra space between the numbers and play with 2 players on the same board.</p> <p>Here is a different way to play... Target Style. Throw at targets to hit each code.</p>