



PARENT PAGE

March 23, 2015

Principal: Tammy Gee

Vice-Principal: Yvette Seeley Jones

Administrative Assistant: Marilyn Allaby
(506) 368-2900

http://sunburywest.nbed.nb.ca/About_Our_School.html

MISSION STATEMENT

All students will receive an education that will help them to develop their potential as community members and life-long learners in a changing world.

Progress Reports

Progress reports will be going home on April 7th. Parent/Teacher Interviews for this report will **only** be held the morning of April 10th, there will be no evening interviews. If this doesn't fit into your schedule, you can always request a more suitable time for your interview. Our Teachers are happy to accommodate our Parents on an individual basis.

Principal's Note

Due to the amount of storm days and loss of instructional minutes, we are committed as a school to make the most of every learning opportunity we can. If parents are also looking for opportunities to stretch their child's learning at home there are many great websites you can visit.

<http://www.pbs.org/parents/>

<http://www.discoveryeducation.com/parents/>

<http://www.education.com/>

Hey folks! Check out

<http://www.zonesofregulation.com/> Zones of Regulation is a program that SWS teachers have been trained in and are using in our classrooms. This program is designed to support students in self-regulation and emotional control.

Guidance Corner

Raising Confident Girls: Tip #1 (taken from Raising Confident Girls - Elisabeth Hartley-Brewer)

If a girl has good self-esteem she will automatically believe in herself as a capable and lovable person.

<u>Dates to Remember:</u>	
March 26 th	French Immersion students will be going to OHS for 1:00 to see MC June
April 1 st	Easter Dinner in Cafeteria - \$5.50
April 3 rd	Good Friday, no school for students
April 6 th	Easter Monday, no school for students
April 7 th	Progress Reports go home
April 9 th	Grade 7 Girl's immunizations
April 10 th	Parent/Teacher Interviews 8:30 – 11:30 am
April 14 th	PSSC & Home and School Meeting
April 20 th	Grade 8 Orientation to OHS
April 21 st	Grade 6/7 E & FI UNB – Space presentation with Chris Hadfield
April 30 th	CANCELLED - Professional Development Day. THIS WILL BE A REGULAR SCHOOL DAY FOR STUDENTS
May 1 st	NBTA Subject Council Day, no school for students
May 11 th	NBTA Branch Meeting, no school for students
May 18 th	Victoria Day, no school for students
May 23rd - May 25th	Grade 8 Quebec Trip
June 19 th	Last Day of School for Students

People who lack belief in themselves continually doubt themselves - making themselves feel guilty, shameful and inadequate. No girl will believe in herself unless someone demonstrates belief in her abilities and considers her worthy of love, support and attention.

What can parents do to build this? Show faith and trust in your daughter's ability to decide certain things, to succeed at tasks, to manage her own personal care. Beware of thinking, "I didn't get or need that support so she'll be the same." She is different. Often people who 'don't get' often turn this into 'don't need' to cover up disappointment. And a hard exterior can form.

Grade 8 Quebec Trip

The next \$100 payment is due at the end of March.



SKATES

We are looking for used skates to have on hand here at the school. If you or anyone you know have some to donate, we would appreciate receiving them here in the office. We are especially in need of the smaller sizes that would fit 5 – 10 year olds.



Student Corner

My Team By Hayden, Gr. 1

Go Rivercats! Screamed the crowd. We skated on the ice to start the game. I play center ice on our hockey team. We won the game and I got 6 goals. My friend Ryan got player of the game. It was an awesome game. I love my hockey team.

My Fishes by Willow, gr. 1

I have more than one fish in my tank. Fishes are awesome, you can put sand in the water. Sponge Bob is in there even their homes are in there. Nobody should say that fish are boring because it is fun to feed them. It isn't fun to clean the tank. I am happy I don't have to! My dad has to do it. My brother has a sucker fish. Tyler's fish is in the same tank. Tyler's sucker fish is really big now.

I love all of my fish!

We Can Make a Difference – School Song

We can make a difference, in our world today
Together we can make our world a better place.
When we get together, so much can be done, if all
the children in the world would sing in unison.

We know what's right, and we know what to do,
The future can be brighter; it's up to me and you.

Take my hand and join me, sing along with me,
When all the children join us there will be a change,
you'll see

Do you have the courage? Do you have the pride?
Do you have a vision for a world where all is bright?
(Chorus)
(Repeat first verse)

FREE INCOME TAX PREPARATION Community Volunteer Income Tax Program – **Fredericton**

Who should go?

Seniors, students, low income people

(Single-income up to \$30,000; couple up to \$40,000)
(One adult with one child, up to \$35,000)

What to bring?

Government income slips: T4, T4A, T4 OAS, T5007
etc.

Students: T2202, T2202A, TL11A/B, moving, child
care expenses, health expenses, public transit, etc.

Why file?

To get your income tax refunds, quarterly HST
cheques, the child tax credit, disability or senior's
supplements, home renovation tax credit, etc.

Where to go?

Brunswick St. Baptist Church, (Barnabas Center),
364 George St., **not** wheelchair accessible
Tuesdays, 1 pm to 5:30 pm from March 3 until
April 28.

or

The Salvation Army, 531 St. Mary's Street,
wheelchair accessible, on bus route, English or
French

Thursdays, 9:30 am to 3:00 pm, from March 5 until April 30.

or

Forest Hill United Church, 45 Kimble Court, (off Forest Hill Rd) wheelchair accessible, and, just off the bus route
Fridays, 9am to 1:00 pm
Only on April 10, 17 and 24.

At all the above locations, you can have your tax return prepared free of charge, and filed electronically to CRA

More information?

1-877-987-8600, or 506-636-4961

www.cra.gc.ca/volunteer

Cafeteria



Baked Ham
Mashed Potatoes with Seasonal
Vegetables
Easter Cookie
With Milk
\$5.50

This year we will be having our Easter dinner on April 1st. The dinner will include baked ham with mashed potatoes, vegetables, cookie and milk for only \$5.50. You can pre order if you would like. When you order your meal you get to put your name in for a draw.

Tri-County News

- 4th Annual Tri County Cup Adult Hockey Tournament March 27th-29th and we have 4 teams in the Competitive Division and 6 in the Rec Division. Schedule to be released soon.

- Junior Rivercats Year End Banquet Wednesday, April 1st - tickets are on sale now at the TCC Office.

- Community Breakfasts- Saturday, March 21st, 28th and April 18th from 8am-12pm in the M.E Phillip's Room. Cost is \$7 for adults and kids under 10 \$5 and breakfast includes bacon, toast, beans, hash browns, eggs, tea, coffee and juice.

- Spring Ball Hockey at the Tri-County Complex starting in April. 8 week program for Kids, Youth and Adults starts Wednesday, April 15th until June 3rd. Sticks, goalie pads and goalie masks are provided by TCC for youth. Ages 5-8 on Wednesday @ 6:30pm, Ages 9-11 after school Thursday 3:45, Ages 12-14 after school Wednesday 3:45, HS Wednesday @ 7:30pm and Ages 18+ Wednesday @ 9:00pm. Cost is \$30 for this 8 week session. To register please contact us 368-2422 or info@tri-countycomplex.ca

- Tri-County Flea Market Saturday, April 18th at the TCC from 8am-1pm. Tables to rent are only \$5 and Breakfast is served from 8am-12pm. Register your table today!!

- Tri- County Auction- Saturday, May 23rd. View from 9am-10am-Auction from 10am-1pm. Drop off new or old items prior to our event. Lots of great items from large appliances, furniture, paintings, crafts, baked goods and much more

