

Cafeteria : Sunbury West

School year 2017/2018

FRIDAY

THURSDAY

WEDNESDAY

TUESDAY

MONDAY

Sept 4th-8th
Oct 2nd-6
Oct 30th-Nov 3rd
Nov 27- Dec 1st
Jan 22nd-26
Feb 19th-23rd
March 19th-23rd
April 16th-20th
May 14th-18th
June 11th-15th

Shepherd's Pie

Vegetables

Pizza
Raw Vegetables
or
Salad

French Toast
Fresh Fruits
Cheese

Chicken Burger
Hash brown
Vegetables

Lasagna
Garlic Fingers

Salad

WEEK 1

Sept 11th-15th
Oct 9th-13th
Nov 6th-10th
Dec 4th-8th
Jan 29th -Feb 2nd
Feb 26th- March 2nd
March 26th-30th
April 23rd-27th
May 21st-25th
June 18th-22nd

Grilled Cheese

Raw Vegetables
Hummus

Meatballs with Rice

Vegetables

Turkey Mashed Potatoes

Vegetables

Chicken Fajitas
Hash Brown
Vegetables

Spaghetti
Garlic Fingers

Salad

WEEK 2

Sept 18th-22nd
Oct 16th-20th
Nov 13th-17th
Dec 11th-15th
Jan 8th-12th
Feb 5th-9th
April 2nd-5th
April 30th -May 4 th
May 28th - June 1st

Chicken Nuggets

Rice
Salad

Taco Wrap

Hash Brown
Raw Vegetables

Macaroni and Cheese

Chicken Broccoli
Salad

1/4 BBQ Chicken
or
2 Drumsticks
Mashed Potatoes
Vegetables

Hamburger
or **Cheeseburger**

Salad

WEEK 3

Sept 25th-29th
Oct 23rd-27th
Nov 20th-24th
Dec 18th-22nd
Jan 15th-19th
Feb 12th-16th
March 12th-16th
April 9th-13th
May 7th-11th
June 4th-8th

Hot Hamburg

Vegetables

Souvlaki Chicken

Rice
Vegetables

Oven Ham

Mashed Potatoes
Vegetables

Chef's Surprise

Vegetables

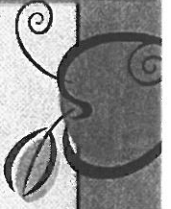
Submarine Sandwich

Salad

WEEK 4

**2 Toast: \$1.25 Bagel : \$1.25 Breakfast Sandwich: \$3.25 Pizza Slice: \$3
Hamburger : \$3.25 Cheeseburger : \$3.50 Sub: \$4.50 Wrap : \$4.50 Salad Bar: \$4.00**

Price: \$5.00 Regular/ \$7.00 Larger Portion



Healthy desserts

Served every day:

- Yogurt
- Fresh Fruits

Served twice a week :

- Muffins
- Homemade Cookies
- Pudding

Daily options

Served every day

(Please order before 10 am at yo cafeteria)

- Pizza (Ham 50% less sodium)
- Chicken Caesar Salad
- Chicken/Beef Wrap
- Hamburger
- Spaghetti (meat sauce)
- **Served with mashed potatoes or soup and raw vegetables **

Snacks and Beverages

Offered Every Day

- 100% Pure Juice \$0.50
- Bottle of Water \$0.75
- Yop \$1.25
- White Milk \$0.50
- Chocolate Milk \$0.55
- Fresh Fruit \$0.50
- Raw Veggie \$0.50
- Cheese Swirl \$1.00
- Home Made Cookies \$0.50
- Home Made Muffins \$0.50
- 1/2 Bagel \$0.75

FOOD SERVICES PROVIDES BY
RESTO LA BONNE ASSIETTE 1844-854 MEAL