**11th Annual Rave Run Registration Form**

**5Km Provincial Championship**

**A Running Room Super Series Event**

**Sunday, June 7th**

**Please complete and return to:**

# **Registration Price List Time**

#  Kids LiveWell Run 400,800m 10:30am $5

#  Early Bird (May29) 5Km 11:00am $20

#  After May 29 $25

# River Valley Middle School

# 33 Epworth Park Road

# Grand Bay-Westfield, NB

E5K 1W1

Attention: David Shiels

|  |  |
| --- | --- |
| First Name:  |  |
| Last Name: |  |
| Street: |  |
| City: |  |
| Postal Code: |  |
| Telephone: |  |
| Email: |  |

**Paid**

**\_\_\_\_\_\_\_\_
Age as of December 31, 2015**

 **5 KM 400 or 800m**

Bib Number

­­­­­­­­­­­ASD-S School Staff Team

School Student Team

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Categories:**

Under 19 M\_\_\_ F\_\_\_

20-29 M\_\_\_ F\_\_\_

30-39 M\_\_\_ F\_\_\_

40-49 M\_\_\_ F\_\_\_

50-59 M\_\_\_ F\_\_\_

60-69 M\_\_\_ F\_\_\_

Over 70 M\_\_\_ F\_\_\_

**Irving Kids LiveWell:**

#  10 and under M\_\_\_ F\_\_\_

#  12 and under M\_\_\_ F\_\_\_

#  14 and under M\_\_\_ F\_\_\_

#  16 and under M\_\_\_ F\_\_\_

# Over 16 M\_\_\_ F\_\_\_

**\*\***

**T Shirt Size** S\_\_\_ M\_\_\_ L\_\_\_ XL\_\_\_

**Only the first 75 registrants receive a *River Valley Rave Run* T-Shirt. LiveWell runners will receive a participation medal.**

**Important!** Please read the following:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event included, but not limited to, falls, contact with other participants, the effect of the weather (including wind, rain, and fog), traffic and the conditions of the road/trail in consideration of your accepting my entry. I, for myself and anyone entitled to act on my behalf, waive and release River Valley Middle School, the organizing committee, the town of Grand Bay- Westfield and all sponsors, their representatives and successors from all claims or liabilities arising out of my participation in this event.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature (Parent if runner is under 18)

**Please make cheques payable to River Valley Middle School**