



Wellness

Wednesday #4

May 16, 2018

Location	Activity	Session leaders	Supervisor	Other info
Cafeteria	Cool Colouring , relaxing music and healthy snacks!	Laura & Hannah	Mme. Clark	Cool pics, pencil crayons and healthy snacks provided!!!
Library	Harbour View Reads!		Mrs. Vickers Ms. McDonald	Bring your favourite novel!
Gym	King of the Court Soccer	Alexandre & Matt	Mrs. Titus	No spectators, only participants Limit of 50 students
Lecture Theatre	"Fuller House" – Season 1, episode 7 & 8		Mr. O'Connell Ms. O'Connell	Get ready to laugh!!!!
Auditorium	Fun & Games – audience participation needed.	Jenna & friends	Mme. Brown Mme. Searle-Roy	"Laughter is the best medicine!" Free Smoothies as prizes!!!!
Room 304	Magic Club	Devon	Mrs. Tunney	Magic wands provided ☺
Room 121	Planting Seedlings in garden!	Emily & Isaac	Ms. Lennon	Bring old footwear for garden.
Room 204	Free Thought	David	Mr. Carson	Bring your "point of view"! Topic to discuss: "Should Donald Trump be nominated for a Nobel Peace Prize?"
Room 315	Dungeons & Dragons	Ethan & Alex	Mr. Barrieau	Max 20 students, Sign up on door.
Fitness Room 128	"Pump It Up"	Ryan & Riley	Mr. Palmer	Working out in the Fitness Room – let's get ripped!!!
Room 131 "The Dungeon!"	"Shop Til You Drop!" <small>(Donations are welcome to Juliette Poziomka room HR 121)</small>	Juliette, Abby, & Abbey	Ms. Titus	Check out the newly organized "Dungeon Store". All items only \$2.00. Treats provided!!

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Room 302	Coding	Spencer & Taylor	Ms. Wilson	Learn how to develop various programs/software!
Computer lab 301	Gamers Club	Emily	Mr. Nice	"Get your game face on!!"
Room 313	R & R (Read & Relaxation, or study!!)	Emily & Carley	Mrs. LeRoy	Read & Relax, or Study!! Heck do whatever makes you feel "Well"!! (Quiet environment)
Room 207	Furry Friends #1	Grace & Faith	Mme. Troffimencoff	Meet "Cody" a cute Pug & "Luna" the adorable cat
Room 200E	Furry Friends #2	Noah & Maddy	Ms. Sanderson	Meet "Sadie" a Golden Retriever & "Chester" a cute little Shih-Tzu
Room 101	Furry Friends #3	Michael	Mr. King	Meet "Bailey" a cute little mulitze dog!
Room 225	Furry Friends #4	Jonah	Ms. Robinson	Meet "Pikachu" a beautiful Cockatiel (bird)
Room 202	Furry Friends #5	Lauren & Claire	Mme. Cheverie	Meet "Winston" a one year old gorgeous Persian cat and "Judy" a beautiful calico cat
Room 208	Furry Friends #6	Sydney & Natisha	Mrs. Butler	He's back by popular demand!! "Ozzie", the loveable & "not so little!!!," Bernese Mountain Dog
Room 216	Guitar Club	Evan	Mr. Casey	Beginners to Rock Stars welcome!!
Room 218	"Exploding Kittens" – card game	Nathan	Mr. Spragg	Limit of 20 people – sign up on door 218
Room 221	Chess Club	Caleb & Alex	Ms. McDevitt	Blitz chess tournament!!
Lunch	3 on 3 basketball (Thurs & Friday at lunch)	Clara	Teachers on duty	Get your game face on! Sign up outside Athletic Director's Office. Spectators welcome!!!

Have a wonderful "Wellness Wednesday"!!!



