

HARBOUR VIEWS

Issue 5

Jan/Feb 2017

"Adopting the right attitude can convert a negative stress into a positive one." - Hans Selye



February at HVHS

East West, 6pm
Open House, 6:30
PD, No School

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March Break trip to Europe

HVHS has a 3D printer

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Entrepreneurship Market

We Want YOU



Kara Watters, Eden Keilty, Jenna Dixon

February 6th, 2017 School Auditorium, 6:30pm

Grade 8 students, we invite you and your family to take a student-guided tour of our facilities. Look around, ask questions and learn why you'll want to be a member of the HVHS family. Our students and staff have prepared an informative evening...JUST FOR YOU. For more information phone: 658-5359



Students attend WE Day

By Jacob Vincent Lane

Every year for one extraordinary day, thousands of students from all across the globe gather for one magnificent event, WE day. Fortunately, a few HVHS students were amongst the ranks of those attending this year's Atlantic Canadian Event in Halifax on Nov. 30, 2016. From the motivating speech by Rick Hansen, to the mind blowing musical performance of Gord Downie, there was no lack of talent and experiences.

For those of you who don't know what WE day is yet, it is a global initiative created to unite people and inspire them to strive for a better world by bringing some powerful speakers and performers together to demonstrate that it is possible to make a difference. You can't buy a ticket to WE day; you earn it

by helping with one community problem and

one international problem which in turn inspires young people, like us, to become passionate leaders and active citizens in our global, national and city-wide community.

Harbour View's WE day group traveled to Halifax to take in this life changing experience. Our group of 16 was led by Ms. Morgan Ahearn and Mr. O'Connell and we were very thankful for them being there at WE day with us. We shared lots of laughs, but at the same time came away from this event motivated to make a difference in our world and to empower others to learn more about the power of WE.

Special thanks to: our bus driver Guy, Ms. Morgan Ahearn, Mr. O'Connell, the staff of WE day, the special guests of WE day, the staff of the Marriott Hotel, and thank you to HVHS for all the support.

Pausa di Marzo nella Bella Italia

By Makenzie Burbridge

It's everyone's dream to travel to Italy and for good reason. It's the land of mouth-watering food, Renaissance paintings, and awe-inspiring architecture. On March 4th, 2017 six Harbour View students are going to realize this dream. We will spend our March Break in the world's most romantic country learning about Michelangelo, Leonardo Da Vinci and the importance of parmesan to pasta ratio. Hallie Bourque, a Harbour View student and the person who convinced me to go on the trip, said, "Being able to go to Italy and eat some authentic dishes is a dream come true. I'm incredibly passionate about pasta and cheese so Italy is where I belong."

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The trip kicks off with a guided tour of Venice. Seeing the setting of Shake- (Photo credit http://depositphotos.com/19113169/stock-photo-grand-canal-in-venice.html) speare's, *The Merchant of Venice* come to life is exciting for those who've stud-

ied it. For others they can't wait to relive Lizzie McGuire's senior year trip or re-enact scenes from *Letters to Juliet*. According to Mrs. Pitman, the trip coordinator, "For a first time traveler to Italy, it's really cool to see things that you've only seen in movies or read about in books.."

The picturesque ancient waterways lined with thirteenth century buildings and the beauty of St Mark's Square is enough to make anyone feel like they're in a movie.

Next is Florence, comparable to a puzzle with a plethora of museums. There are so many streets, alleys, nooks and crannies to explore and so much to learn.

"Travelling is the best way to learn about our world," explains Mrs. Pitman. "I love Italy because the history and architecture are so rich. Every time I go there, I see and learn new things. Italy has amazing food and is home to many of the most famous art and monuments in the world."

We can't go to Italy without taking the iconic picture leaning against the Tower of Pisa. Day four is a day excursion to Pisa where we'll be able to see what is considered the fifth man-made wonder of the world. This is the most anticipated part of my trip, I will have no shame jumping around in public trying to achieve the perfect Facebook profile picture.

Rome wasn't built in a day, and you certainly can't see it in one. The last two days of the trip will be spent visiting the Coliseum and trying to sneak a peak at the pope in Vatican City. Whether you are religious or not, Vatican City is breathtakingly beautiful and ethereal.

Italy is a country filled with adventure and I can't think of a better way to celebrate my senior year. I look forward to making lifelong friendships through the confusion of a new language, exploring new cities and indulging in great food.



From the editor's desk

By Rachel Fullerton-Quin

As I enter my final semester of high school, I keep looking back on the past four years. I came here from PES knowing almost no one, as all my friends had gone to other schools. I had just gotten a pixie haircut and was wearing my brand new purple Converse and Hollister sweater. Now four years later, I couldn't be more different (aside from the Converse of course). Harbour View has shaped me into the person I am today, and although there have been some failed math tests, some fights between friends, and some heartbreaks, I couldn't be happier with who I am now.

With the Open House coming up for prospective grade 8 students, I have to say emphatically: you will NOT regret making Harbour View your home. HV is a place for everyone, and I mean it. Are you into art? Art club. What about music? Band (which happens to be unique to only our school!), guitar club, choir, and musical are just a few of the music-related activities we are proud to have. What about sports? Swimming, soccer, basketball, hockey and field hockey are just a few. Harbour View has classes that make learning fun, with a variety of trades, and classes like Outdoor Pursuits, Journalism, Culinary Tech and Basketball Academy.

As awesome as the classes and clubs are, the real backbone of Harbour View is the community of people, both students and staff. I remember when I came for the Open House in 8th grade, as a musical theater lover, and the first thing that a student said to me was that the leads in the musical also happened to be on the basketball team. It was then I knew that HV was for me, a place where you could be involved in anything you wanted, and not limited to one specific clique (very UNLIKE the *High School Musical* song "Stick to the Status Quo").

I cannot stress how different a person I would have been had I gone to another school. For starters, I probably would've never been editor of a school paper (although it probably would have been nice for Ms. McDonald to have someone who follows deadlines). I also wouldn't have continued the flute and I most definitely would not have met the friends I have, friends for whom I would not trade the world.

Although high school has been difficult at times, I could always take a step back and be comforted by the sense of community there is at HVHS. I hope that many new Vikings will join us in the fall, and take the opportunity to invent themselves here, too.

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Next issue: March 2017

Advancing technology at Harbour View

By Ceilidh De' Bell-Scott

It started with a very determined teacher. Mrs. Hodgin "wanted to bring the Computer Aid and Design class into the twenty-first century, so I asked Mr. Butler if we could get a 3D printer."

Mr. Butler, our new principal, thought about Brilliant Labs. As their website (www.brilliantlabs.com) states "Brilliant Labs is a not-forprofit, technology- and project-based, learning platform based in Atlantic Canada. We support the integration of today's innovation and technologies, combined with a keen entrepreneurial spirit within classrooms and educational curricula through active, experiential, hands-on learning."



"We are thrilled to have been able to partner with Brilliant Labs this year to provide new opportunities for our students. We are excited about what that partnership will offer as we enhance our technology programs at Harbour View," said Mr. Butler.

Brilliant Labs provided the new 3D printer that is set up in room 302. Mrs. Hodgin is quite pleased with the printer even though she thinks it's going to take a little bit of tinkering in order to get use to it properly. Meanwhile she had her students on a site called Tinkercad where they are designing 3D objects to print on the new equipment.

I was actually the first student to design and print an object with the 3D printer. What I made was a snowflake with my name on it. It was fun to design and interesting to see the process that had to happen in order to print it. The design I made had to be sliced using a program called Cura. This program made my design into a whole lot of layers that is what the 3D printer needed to do in order to make the snowflake. My friends like to joke around about it because they say the only way to get the proper spelling of my name is to design it myself. This technology is very cool, and the possibilities, although confined to a certain about of space, are limitless; whatever you can imagine and design could be printed off.

The specific type of printer that Brilliant Labs donated is called Prusa I3. It will be a unique addition to the CAD class. Although it's a bit of a work in progress it most certainly helped Mrs. Hodgin's plan to bring the class into the 21st century.

Alexandre Banks Ethan and Alexandre's Sports News Network

By

Hello Vikings! Every day, Harbour View sports teams are excelling, improving and demonstrating what it takes to compete. The athletes at our school have determination, grit and, obviously, lots of talent. The month of January proved this, and was wonderful for the sports teams of HVHS.

Our Viking senior girls' basketball team has been playing well throughout this season. The senior girls did not make it to Regionals this year; however, they have been performing extremely well on the court and their dedicated team effort has led them to tense games where they have dribbled their way to victory. Captains Taylor Breneol and Eden Keilty have been leading the team. The senior girls coach, Emily Thomas, said that the team was "focusing on winning the East West game against Simonds," which will be held on February 1. East West is going to be a night where both the senior girls and boys play our biggest rivals. Simonds. We hope to see all Vikings at East West supporting their teams to victory. The girls have been doing fantastic this far in the season. Great work girls.

The junior girls' basketball team had a couple incredible months. The girls started December with a tournament at Saint Malachy's on December 2nd and 3rd. They played St. Mac's and Fredericton High on Friday the 2nd. The girls played one game the next day against Saint John High as well. The girls went all the way to the finals, but sadly lost to St. Malachy's and came second in the competition.

The team had their first regular season game of the month Wednesday the 7th against St Mac's and they won 77-63. Awesome job team!

They had another tournament Friday December 9th and Saturday the 10th in Riverview. On Friday they played Riverview and won 57-45. The girls also competed against Bernice MacNaughton on Friday and they were victors once more that day when the game ended with a score of 72-51. On Saturday they played Moncton High for the finals and lost 38-89. The girls placed second in the tournament. Extraordinary work, Vikings!

After the tournament it was back to games and practices. The girls had a game against Saint John High Tuesday the 13th and beat them again by seventeen points, winning 59-42. The next few days were filled with practices and hard work as the team was preparing for their next game versus Sussex. The game commenced Tuesday the 20th, and what a game it was to watch! The game was a close one but our Vikings knew what to do. They played amazingly well and came away with another "W", beating Sussex 58-55. The team also played KVHS, but lost after a great game, with a score of 66-58. Later on they had a game against Simonds as well, and won 57-55.

In January, the girls kept up the hard work. They had two regular season games, one against KVHS and the other versus St. Mac's. This was followed up by a great tournament in Sussex on the 13th and 14th. They competed with Bernice McNaughton, Hartland and Sussex. They are off to Regionals this week.

For senior boys' basketball, they have played great these past few months. As a team they have been improved tremendously. Great work, guys! The boys play hard and always remember to have a fantastic time. They will also be playing at East West against our rivals, Simonds, and they are looking to take the win. We hope to see all Vikings out there supporting them as they play Simonds. The basketball team has played a great season and is continuing to do so, keep up the hard work.



(Photo submitted by Mr. Miller)

Harbour Views

The junior boys' basketball team had many great matches throughout all of December and January, beginning the year by winning gold at the Saint John High tournament. They played against Simonds High School Wednesday December 7th and won by thirty points. Our Vikings also faced one of their most competitive teams, Saint John High School. The boys beat them by nine points. They were falling behind slightly at the beginning of the first quarter, but quickly caught up and left the Greyhounds' gym victors. The boys also played a game against Sussex Tuesday the 20th of December and won with a very strong lead. In January, the boys played a few great games as well. On January the 10th they played a match against KVHS and won. The Vikings had their next game the 17th of January against St. Mac's and beat the Saints with an awesome lead. The team then played the Sea Bees on Thursday the 19th and won by 40! Excellent job, guys! This win placed the team in in the first place seed for Regionals!



L-R: Gerry Bidgood, Colin Black, Spencer Gowlett, Ethan Garnier, J.R. Burns, Chris Johnson, Alex Johnson, Ryan Craig, David Fox, Ryan Booth, Tyson Estabrooks, Jack Fury-Miller, Sam Holder

(Photo submitted by Greg Johnson)

The guys had two tournaments over the Christmas break. One was the Saint John High Tournament on January 2 and 3. The boys played many exceptional games during the competition and went all the way to the finals. They beat SJHS in their last game and took first place. That was another great accomplishment for the team and a perfect way to show their talents.

The girls' hockey team has been outperforming a lot of their competition this year as they have won multiple games so far. Their captain is Lora Shaw and assistant captains are Liz Delaney, Katelyn Paulin and Kaley Megaw. The girls have won multiple games thus far and are looking like they are on the road to provincials. They are continuing to learn and grow as a team and see what works best for them. We are looking forward to seeing them have a great rest of their season and beating other schools on the ice. Good luck, team!

The swim team had another awesome month in December with their provincial tournament Saturday, December 10th at the Sussex Rec Centre. The team did very well and a few received medals for their achievements. Way to go, everyone!

The cheerleading team has been practicing often and has continued to progress throughout December. The Vikings cheer team are preparing for their competitions coming up in early spring and are getting ready to perform the best they can. The cheerleaders are also going to be performing in this year's East West challenge! Continue the great work, team!

December and January were great months for sports at Harbour View! We continued to have many athletic accomplishments. All girls and boys teams remain working hard and showing dedication. We can't wait to see how they all perform in the months ahead!

Harbour Views

Entrepreneurship 110 Christmas Market prize winners

Best Sales Technique - \$60

Winner: Braydon Courtney for *Rustic Remedies* Runner Up: Emma Burns for *Blush Bathbombs* Runner Up: Connor Daigle for *Connor's Poppin' Pixel Art*

Best Booth - \$100

Winner: Ryan Mercer for *Luck of the Toss* Runner Up: Alexis Grinton for *Fantasy Fizz*

Best Product - \$100

Winner: Kyle Burbridge & Kaleb Wright for *K & K Candle Stands* Runner Up: Matt Stevens & Chad Ralph for *Carefully Crafted Coasters* Runner Up: Marit Knigge for Marit's *Sweet Sugar Scrubs*



Best Overall Business - \$100 Jacob Keary for *Back to Basics Soap* Most Profitable Business - \$60 Kyle Burbridge & Kaleb Wright for *K* & *K Candle Stands* Best Business Plan Marit Knigge, Matt Stevens Teacher's Choice Awards Devan Breau, Deanna Esson

Jacob Keary

Congratulations to all the winners. We're looking forward to the spring market. Stay tuned for details!

> (Photos submitted by Rachel Fullerton-Quin)



Ryan Mercer



Kaleb Wright & Kyle Burbridge



Braydon Courtney



Hey gang, welcome back! I hope everyone had a wonderful Christmas break. I know I did. It's a wonderful time of year to be surrounded by the family, reminiscing about the year gone by. This month I would like to talk about some actors and actresses that have passed on during these past few months. They will always be remembered.

<u>Alan Thicke</u>: As much as I hate to report on this, I have to. Well-known '80s dad Alan Thicke passed away on December 13th, 2016. This journalist has learned that Thicke passed away after having a heart attack while playing hockey with his 19 year old son, Carter, at a rink in Burbank,

California. Television audiences will best remember the Canadian actor for his role as Jason Seaver in the '80s sitcom, *Growing Pains*. During his nearly 50 years in the business, he has hosted game shows, talk shows and even written the theme songs to a few very successful television shows like *Wheel of Fortune* as well as *Growing Pains*. Former star of *Growing Pains* and Christian actor, Kirk Cameron, took to Instagram to express his condolences to his TV dad. "I spent Monday through Friday for seven important years with Alan Thicke as my 'TV dad," said Cameron, "I'm shocked and truly heartbroken today at the news of his death. Alan was a generous, kind and loving man. I am so blessed to have grown up with him." Alan Thicke is survived by his sons Robin, Carter and Brennan and his wife Tanya. He was 69.



Photo credit: http://www.deardoctor.com/insidethe-magazine/issue-12/florencehenderson/

82.

Florence Henderson: This celebrity death upset me greatly, so I'll try not to get tears on the keyboard while I type. While Alan Thicke was known for playing a TV dad, this wonderful actress is best known for playing a TV mom in the 1970s. Florence Henderson, who played the iconic role of Carol Brady on the 70's family sitcom, *The Brady Bunch*, passed away on November, 24th, 2016. According to Henderson's rep, she died of heart failure at Cedars-Sinai Medical Center in Los Angeles. She was with her family at the time. During her 60 year career, she has appeared on Broadway, multiple movie roles and cameos, along with television shows. But her most well known as loving mom, Carol Ann Brady. Her death comes as a shock to the world as her death was sudden. A few days before she passed, she attended a taping of the ABC television show, *Dancing with the Stars* to support her former TV daughter Maureen McCormick, who is a contestant on the show. Sources there said that Henderson was in perfect health as she had not been ill prior to her admission to Cedars-Sinai. She was

<u>Janet Wright:</u> To finish off this month's solemn column, this is another well-known Canadian that has since passed away. Janet Wright, best known for

playing Emma Leroy on the CTV sitcom *Corner Gas*, passed away due to unknown causes on November 14th, 2016. Born in England on March, 8th, 1945, she and her family moved to Canada and settled down in Saskatoon at a very young age. Ever since the 1970s, she has had connections with the Vancouver Art's Club Theatre and even directed productions for major theatre companies across Canada including productions at the Stratford Festival in Ontario. In 1992, Wright won the Genie Award for best actress for a role in the Canadian film *Bordertown Cafe* and she also won Best Supporting Actress in a Dramatic Program or Miniseries in 2003 for the show *Betrayed*. She has also starred alongside George Clooney and Mark Wahlberg in 2000 for the film, *The Perfect Storm*. In 2014, she reprised her character of Emma Leroy in *Corner Gas*. *The Movie*. Her health was dwindling in the film according to co-star and creator of *Corner Gas*, Brent Butt. We had her on a scooter, you see it in the movie, her character, we wrote it in that she's riding a scooter," he said. "But she was there every day and nailed her lines and did an amazing job, despite everything." She was 71.



Photo credit: http://www.straight.com/arts/8276 06/theatre-and-tv-personalitiesmourn-loss-well-knownvancouver-actor-janet-wright

Well, readers, that's it for this month. If you have never seen any of the shows that these wonderful actors and actresses were a part of, I highly suggest you watch them, so that you can have an understanding about why they were so deeply loved by millions.

And That's The Glimmer In The Stars...



A picture is worth a thousand words...





(Left) Kirkland Melanson and Caillie Hopey's gingerbread truck was the winning edible creation for December's fundraiser for Harbour Lights. For a loonie, students could vote for their favourite gingerbread treat.

(Above) Some of the other amazing structures created out of cookie dough.





(Left) Mrs. Butler's Forensic Science class was a little harder on the gingerbread. Her students turned their cookies into crime scenes!

(Photos submitted by Mrs. Butler)

Matina Dick and Liz Delaney recently accepted a check from Mr. V. Morris of the Lancaster Kiwanis Club. Mr. Morris presented the money to the HVHS Key Club towards the purchase of a new battery and pads for the school AED defibrillator. The HVHS Key Club contributed half the cost and the Lancaster Kiwanis Club contributed half the cost.

(Photo submitted by Mr. B. O'Connell)

