

Regular Schedule

Period 1: 8:50 – 9:55

Transition: 9:55 -10:00

Period 2: 10:00 – 11:00

Transition: 11:00 – 11:05

Viking Time: 11:05-11:25

Transition: 11:25 – 11:30

Period 3: 11:30 – 12:30

LUNCH: 12:30 – 1:20

Period 4: 1:20 – 2:20

Transition: 2:20 – 2:25

Period 5: 2:25 – 3:25

Announcements: 3:25 – 3:30

PODS/Wellness/Extended

Period 1: 8:50 – 9:45

Transition: 9:45 – 9:50

Period 2: 9:50 – 10:40

Transition: 10:40 – 10:45

Extended Viking Time: 10:45 – 11:30

Transition: 11:30 – 11:35

Period 3: 11:35 – 12:30

LUNCH: 12:30 – 1:20

Period 4: 1:20 – 2:20

Transition: 2:20 – 2:25

Period 5: 2:25 – 3:30

One Hour Delay

Extended Viking Time: 8:50-9:35

Transition: 9:35-9:40

Period 1: 9:45-10:40

Transition: 10:40-10:45

Period 2: 10:45-11:35

Transition: 11:35-11:40

Period 3: 11:40-12:30

Lunch: 12:30-1:20

Period 4: 1:20-2:20

Transition: 2:20-2:25

Period 5: 2:25-3:30