

Grade 10 Course Selection – Planning Page

Name: _____

HR: _____

Compulsory Courses for Grade 10 (Select Pathway)			
	Grade 10 Required	Grade 10 Pathways	
	Languages and Literacies	French 10	PIF – Post Intensive French
English 10		ELA 10 Foundations (4 Credit hours) and ELA 10 Extended (4 credit hours)	AP Track: ELA Info Text 10 (8 credit hours)
Humanities	Civics 10	Civics 10	FI Civics 10
Mathematics	Math 10	GMF (4 credit hours) and NRF (4 credit hours)	FI GMF (4 credit hours) and FI NRF (4 credit hours)
		AP Track: NRF (4 credit hours) and Foundations 110 (4 credit hours)	
		FI Math AP Track: NRF (4 credit hours) and Foundations 110 (4 credit hours)	
Options for Grade 10 (Select 4 Options in Total)			
Science	Bio 111	Human Phys. 110	
	Bio 112	Intro. Electronics 110	
	Chem 111	Env. Geoscience 110	
	Chem 112		
	Science for Sust. Living 10		
	FI Science for Sust. Living 10		
Creative Arts	Visual Arts 10	Graph. Art and Design 110	
	Music 10	Dramatic Arts 110	
	Digital Production 120		
Wellness and Physical Education	Physical Education 10		
	Individual Family Dynamics 120		
	FI Individual Family Dynamics 120		
Career-Connected	Framing and Sheathing 110		
	Health Care 110		
	Mill and Cabinet 120		
	Information Technology 120		

Alternate Course Selections:

- _____
- _____

Grade 11	Grade 12	Core Cluster Credit Total
ENG: ELA 11 (required)	ENG: ELA 12 (required)	____/24
Language and Literacies Option		
Humanities: _____		____/8
Math Option:		____/12

Options for Grade 11 and 12 (as required)		
Science Option:		____/8
Creative Arts Option:		____/4
Wellness and Physical Education Option:		____/4
Career-Connected Option:		____/4
Well-Being Electives:		____/8

Flexible Outcomes		
Core Cluster Elective:	Core Cluster Elective:	____/8



Elective Outcomes (Required for Graduation)		
In addition to the 80 credit hours from compulsory courses, students require 20 credit hours of electives. Use this space to track elective Courses. Electives can be selected from:		
<ul style="list-style-type: none"> • Core Clusters • Elective Options 		
1.	_____	____/4
2.	_____	____/4
3.	_____	____/4
4.	_____	____/4
5.	_____	____/4

Total Core Cluster Credits: ____/80

Total Elective Credits: ____/20

CORE CLUSTER OPTIONS (STM 2024-2025)

Languages and Literacies

<input type="checkbox"/> ELA 10	<input type="checkbox"/> Media Studies 120
<input type="checkbox"/> ELA 11	<input type="checkbox"/> Technique de Communication 110/120, and
<input type="checkbox"/> Information Texts 10/11	<input type="checkbox"/> Approved AP/IB Language Arts and Languages Courses
<input type="checkbox"/> ELA Extended 10/11	<input type="checkbox"/> AP Eng 121
<input type="checkbox"/> EAL Essentials A1 – Expressions B1	<input type="checkbox"/> AP Seminar
<input type="checkbox"/> FILA 110/120	
<input type="checkbox"/> Post-Intensive French 110/120	
<input type="checkbox"/> Writing 110	
<input type="checkbox"/> Journalism 120	

Humanities

<input type="checkbox"/> Indigenous Studies 120	Optional Humanities Courses for Core Cluster Requirement:
<input type="checkbox"/> Modern History 111/2/3	
<input type="checkbox"/> World Issues 120	

<input type="checkbox"/> Economics 120
<input type="checkbox"/> Law 120
<input type="checkbox"/> Political Science 120
<input type="checkbox"/> Sociology 120
<input type="checkbox"/> AP Human Geography 120

Mathematics

Pre-Calculus Pathway:

<input type="checkbox"/> Number Relations and Functions 10
<input type="checkbox"/> Foundations of Mathematics 110/120
<input type="checkbox"/> Pre-Calculus 110
<input type="checkbox"/> Pre-Calculus 120A/B
<input type="checkbox"/> Calculus 120
<input type="checkbox"/> AP Calculus 121 (AP Pathway)

Financial and Workplace Pathway:

<input type="checkbox"/> Financial and Workplace Mathematics 110 and/or 120
<input type="checkbox"/> NBCC Math 1208 Dual Credit Skilled Trades Math 120

Science

<input type="checkbox"/> Science for Sustainable Societies 10	<input type="checkbox"/> Physics 111
<input type="checkbox"/> Environmental Geoscience 110	<input type="checkbox"/> Physics 112
<input type="checkbox"/> Biology 111	<input type="checkbox"/> Physics 121
<input type="checkbox"/> Biology 112	<input type="checkbox"/> Physics 122
<input type="checkbox"/> Biology 121	<input type="checkbox"/> AP Physics 120
<input type="checkbox"/> Biology 122	<input type="checkbox"/> Human Physiology 110
<input type="checkbox"/> AP Biology 120	<input type="checkbox"/> Introduction to Electronics 110
<input type="checkbox"/> Chemistry 111	<input type="checkbox"/> Introduction to Environmental Science 120
<input type="checkbox"/> Chemistry 112	<input type="checkbox"/> AP Research 120
<input type="checkbox"/> Chemistry 121	
<input type="checkbox"/> Chemistry 122	
<input type="checkbox"/> AP Chemistry 120	

<p>Creative Arts</p> <table border="0"> <tr><td><input type="checkbox"/> Creative Arts 110</td><td><input type="checkbox"/> Visual Arts 10</td></tr> <tr><td><input type="checkbox"/> Dramatic Arts 110</td><td><input type="checkbox"/> Visual Arts 110</td></tr> <tr><td><input type="checkbox"/> Dramatic Arts 120</td><td><input type="checkbox"/> Visual Arts 120</td></tr> <tr><td><input type="checkbox"/> Graphic Art and Design 110</td><td><input type="checkbox"/> AP Visual Arts 120</td></tr> <tr><td><input type="checkbox"/> Music 10</td><td><input type="checkbox"/> Introduction to Cinema 120</td></tr> <tr><td><input type="checkbox"/> Music 112 (Guitar)</td><td><input type="checkbox"/> Popular Music 120</td></tr> <tr><td><input type="checkbox"/> Music 120</td><td><input type="checkbox"/> Media Studies 120</td></tr> <tr><td></td><td><input type="checkbox"/> Digital Production 120</td></tr> </table>	<input type="checkbox"/> Creative Arts 110	<input type="checkbox"/> Visual Arts 10	<input type="checkbox"/> Dramatic Arts 110	<input type="checkbox"/> Visual Arts 110	<input type="checkbox"/> Dramatic Arts 120	<input type="checkbox"/> Visual Arts 120	<input type="checkbox"/> Graphic Art and Design 110	<input type="checkbox"/> AP Visual Arts 120	<input type="checkbox"/> Music 10	<input type="checkbox"/> Introduction to Cinema 120	<input type="checkbox"/> Music 112 (Guitar)	<input type="checkbox"/> Popular Music 120	<input type="checkbox"/> Music 120	<input type="checkbox"/> Media Studies 120		<input type="checkbox"/> Digital Production 120	<p>Personalized Well-Being</p> <table border="0"> <tr> <td style="vertical-align: top;"> <p>Wellness and PE</p> <table border="0"> <tr><td><input type="checkbox"/> Health Care 110</td><td><input type="checkbox"/> Individual Family Dynamics 120</td></tr> <tr><td><input type="checkbox"/> Nutrition for Healthy Living 120</td><td><input type="checkbox"/> Yoga 110</td></tr> <tr><td><input type="checkbox"/> Outdoor Education 110</td><td><input type="checkbox"/> Wellness through Physical Ed. 110</td></tr> <tr><td><input type="checkbox"/> Physical Education 10</td><td><input type="checkbox"/> Sport and Recreation Leadership 120</td></tr> <tr><td><input type="checkbox"/> Psychology 110</td><td><input type="checkbox"/> Intro to Kinesiology 120</td></tr> <tr><td><input type="checkbox"/> Psychology 120</td><td></td></tr> </table> </td> </tr> </table>	<p>Wellness and PE</p> <table border="0"> <tr><td><input type="checkbox"/> Health Care 110</td><td><input type="checkbox"/> Individual Family Dynamics 120</td></tr> <tr><td><input type="checkbox"/> Nutrition for Healthy Living 120</td><td><input type="checkbox"/> Yoga 110</td></tr> <tr><td><input type="checkbox"/> Outdoor Education 110</td><td><input type="checkbox"/> Wellness through Physical Ed. 110</td></tr> <tr><td><input type="checkbox"/> Physical Education 10</td><td><input type="checkbox"/> Sport and Recreation Leadership 120</td></tr> <tr><td><input type="checkbox"/> Psychology 110</td><td><input type="checkbox"/> Intro to Kinesiology 120</td></tr> <tr><td><input type="checkbox"/> Psychology 120</td><td></td></tr> </table>	<input type="checkbox"/> Health Care 110	<input type="checkbox"/> Individual Family Dynamics 120	<input type="checkbox"/> Nutrition for Healthy Living 120	<input type="checkbox"/> Yoga 110	<input type="checkbox"/> Outdoor Education 110	<input type="checkbox"/> Wellness through Physical Ed. 110	<input type="checkbox"/> Physical Education 10	<input type="checkbox"/> Sport and Recreation Leadership 120	<input type="checkbox"/> Psychology 110	<input type="checkbox"/> Intro to Kinesiology 120	<input type="checkbox"/> Psychology 120	
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Career Connected

Career and Occupational

<input type="checkbox"/> Career Pathway Design 10 (IDEA)	<input type="checkbox"/> Business Organization and Management 120	<input type="checkbox"/> Hospitality and Tourism 110	<i>Note: Personal Development and Career Planning 10 can be used upon special request during the 2023/24 school year.</i>
<input type="checkbox"/> Co-op 120 (8 Credit Hours)	<input type="checkbox"/> Entrepreneurship 110	<input type="checkbox"/> Intro to Accounting 120	
<input type="checkbox"/> Co-op 120 (12 Credit Hours)		<input type="checkbox"/> Marketing 120	
<input type="checkbox"/> Goals, Growth, and Grit 120			
<input type="checkbox"/> Intro to Teaching and Education 120			

Skilled Trades

<input type="checkbox"/> Culinary Technology 110/120	<input type="checkbox"/> Metals Fabrication/Welding 110/120
<input type="checkbox"/> Electrical Wiring 110/120	<input type="checkbox"/> Metals Processing 110/120
<input type="checkbox"/> Framing and Sheathing 110	<input type="checkbox"/> Mill and Cabinet Work 120
<input type="checkbox"/> Internal, Combustion Engines 110	

Information and Communication Technology

<input type="checkbox"/> Cybersecurity and Technology Support 110	<input type="checkbox"/> Cybersecurity 120
<input type="checkbox"/> AP Computer Science Principles 120	<input type="checkbox"/> Digital Production 120
	<input type="checkbox"/> Information Technology 120
	<input type="checkbox"/> Robotics and Automated Processing 120

Well-Being Electives

Well-Being Electives can be any courses selected from the following clusters:

- Creative Arts
- Wellness and PE
- Career Connected

Flexible Core Cluster Electives (All courses from these clusters)

• Language and Literacies	• Creative Arts
• Math	• Wellness and PE
• Science	• Career-Connected
• Humanities	

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