

Parenting Children with ADHD

This group is designed for caregivers having difficulty parenting a child between the ages of 5 to 12 years diagnosed with ADHD. The program is a six-week educational program that focuses on helping parents and guardians to:

- Develop and increase their understanding of the causes and symptoms of ADHD
- Learn and develop effective parenting approaches and skills for children diagnosed with ADHD.
- Develop and implement strategies to modify and cope with disruptive and distressing behaviors.
- Increase their awareness of treatment options for children diagnosed with ADHD.

WHEN: Monday, October 28th 2013

Where: Boys & Girls Club, 1 Paul Harris Street

<u>Time:</u> 6:30pm – 8:30pm

Cost: \$125 or \$180 per couple

Now taking registrations!

Pre-Registration Required

For more information or to register please call 652-6114 (This is a voice mail line, leave your name and number and your call will be returned)

PLEASE VISIT OUR WEBSITE AT www.gentlepathsj.com

Providing residents of Saint John and Southern New Brunswick with hope and healing opportunities, through professional counselling, support groups and educational programs, regardless of ability to pay.